

**PATIENT CENTERED MEDICINE  
PCM - 2**

Dr. Michael Koller, Course director  
Dr. Mary Boyle, Assistant Course director  
Les Medley, Course Coordinator, Rm 320  
Dr. Kathy Walsh, Senior course director PCM 1, 2, 3

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**Year two course director  
Dr. Michael Koller**

- New role
- Behavior and medicine course revised
  - Dr. Garry Sigman, course director
    - Off this week, will give orientation next wk
  - Semester 3 (first ten weeks)
  - Semester 4 (last ten weeks)
- Psychopathology moved as a block to MHD

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**By May 2009, you'll be able to....**

- Do Head to toe physical exam
- Do focused History & Physical exam
- Write up:
  - Complete H&P
  - Problem list
  - Assessment/3 part plan
  - Differential diagnosis
- Do oral presentation of H&P
- Interpret EKGs
- Interpret CXRs
- Identify extra heart sounds (split S1 and split S2, S3, S4)
- Identify murmurs (AS, AR, MR, HCM)

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## Clinical skills in PCM2

- Ophthalmology workshop (NEW)
- Neuro OSCE (focused neuro exam)
- Breast Workshop
- 4 “Harvey” sessions semester 3
- Head to toe exam on female SP
- Head to toe exam on male SP
- 2 SP exercises
- Musculoskeletal Workshop Feb 09
- Male and Female GU workshops March 09
- Clinical skills exam April 09 (NEW)

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## Communication

- Check you email daily
  - Schedules
  - Reminders
  - Updates
- PCM 2 homepage in LUMEN
  - All forms for writeups
  - All grading forms
  - Schedules for all workshops, SP exercises, OSCEs....
- LUMEN calendar
  - goals/objectives
  - Handout
  - PPTs

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## Grading

- Pass/Fail at end of year (4<sup>th</sup> year)
  - Collaboration vs competition
  - Competency vs letter grade
  - Work to your potential
  - Set the bar high (95% for OSCEs)
- Competency grades for all 6 competencies at end of year
  - One “does not meet expectations” = FAILING COURSE
  - meets with concerns
  - meets expectations
  - exceeds expectations
- Comments for Dean’s letter for all students
  - Small group evaluations
  - Preceptor evaluations

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**MUST PASS ALL INDIVIDUAL  
PARTS OF PCM 2 TO PASS  
THE COURSE**

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- 2 On-line exams: end of each semester
  - Include audio files, EKGs, Xrays
- Small group Facilitator(s) Evaluations (forms on line)
  - Mid semester (formative)
  - End of semester (summative)
- Clinical Skills ( $\geq 95\%$  to pass) forms on line
  - Neuro OSCE – 9/15 or 9/19
  - Head to Toe PE with Facilitator (11/18 or 11/25)
- 2 Clinical Skills Exercise on Std Pt
  - January 15,16, 17 or 19, 2009 – week 2 semester 4
  - April 2 or 4, 2009
- Preceptor final evaluation (April 9, 2009) form on line
- Write-ups (turned in on time – deadlines on home page)
  - Semester 3 = 2 Histories and 1 PE
  - 4 preceptor write ups
    - 1 semester 3
    - 3 semester 4

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**On-line portfolio for 2 papers**

- Peds shadowing – due within 2 wks of assigned time
- Service reflection – semester 4
  - Due March 24, 2009

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## Peds shadowing

- Two hour SHADOWING
- Opt out by 8/12/08 – one to two pages in online portfolio to Dr. Koller describing your prior pediatric experience
- Schedule will be on home page
- Write up reflection on-line portfolio within 2 weeks
- Three sites, August 18<sup>th</sup> to April 1<sup>st</sup>
  - LOC –peds Drs. Martin/Judy (M-Fr)
  - LOC – med/peds – Dr. Cahill/Ozark (Wed only)
  - North Riverside Primary Care - Drs. Barbato, Chow, O’Keefe, Rubin
  - Oak Park (West Sub) Lake street – Drs Parker-Renfroe, Briner

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## General info

- 2 textbooks
  - Bates – 9<sup>th</sup> edition (pages listed also for 8<sup>th</sup> ed in goals/obj)
  - Thaler’s EKG 5<sup>th</sup> edition
- Course overview printed in mailboxes
- Go to LUMEN for course materials (not printed)
  - Objectives, Power point, Handouts
- Consider bringing your laptop to lecture
- Attendance at **ALL** sessions is mandatory
  - Lectures
  - Small groups (sign up sheet in small groups)
  - Workshops (breast, GU) and “Harvey” Sessions
  - Clinical skills exercises
- PCM 2 home page on LUMEN
- <http://www.meddean.luc.edu/lumen/>

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## Videos for PCM 2

- Neurological exam
  - 45 minutes, with details and explanations
  - 15 minutes, without explanations
- Head to toe physical exam on male
- Head to toe physical exam on female
- Draping video (NEW)

**These are already on line on LUMEN**  
+ How to give an oral presentation

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## Assigned readings from Bates

- “It is astonishing with how little reading a doctor can practice medicine, but it is not astonishing how badly he may do it”
  - From Sir William Osler, 1849-1920
- Year 2
  - List of questions for small groups from assigned readings
  - Come prepared with answers for small groups
  - Will be used by facilitators to assess preparation

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## Weekly Format

- Lecture (1:15 p.m. , Rm 190)
- Small Group Sessions follow lecture:
  - Brief Q & A of lecture
  - Answer assigned questions from readings
  - Co-facilitators (MS4) demonstrate steps of exam
  - MS2 practice steps on each other
    - Dress accordingly – goals/obj page – WEAR SHORTS, Tank top...
    - Use CSC or SDLs
  - Co-facilitators (MS4) demonstrate how to write-up steps of the PE
  - Each small group has
    - SDL room
    - Clinical skills exam room in 330 and

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## Equipment

- Need physical exam equipment
- Bring to small groups
- Will need headphones for computer to listen to heart and lung sounds

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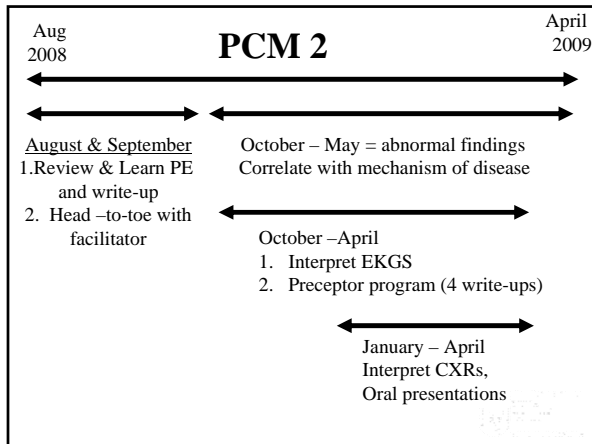
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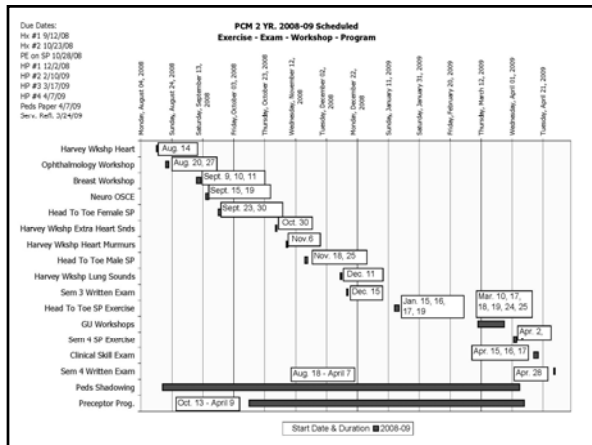
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- Deadlines for each individual write-up  
 (all deadlines on PCM 2 web page)**
- History #1 9/12/08 (facilitator & MS4 review)
  - History #2 10/23/08 (facilitator & MS4 review)
  - PE female SP 10/28/08 (facilitator review)
  - Preceptor #1 12/2/08
  - Preceptor #2 2/10/09
  - Preceptor #3 3/17/09
  - Preceptor #4 4/7/09

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## Source of pts for 2 histories in semester 3

- MS4 (see PCM 2 home page for pictures/pagers)
- Facilitator
- ED
- Community Health

**DON'T WAIT!**

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## Write-ups

- **DON'T WAIT!**

2<sup>nd</sup> Yr - for EVERY write-up deadline

- One person
- From each small group
- Randomly selected (notified by Les by email on due date)
- Meet individually with Dr. Koller or Dr. Boyle
- For 10-15 minutes
- To review their write-up and get feedback

NO write-up = "Does not meet expectations" for professionalism for semester = Incomplete on transcript

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## AUGUST 2008

- 8/4 Introduction/overview MONDAY (Koller)
- 8/5 Skin exam (Boyle)
  - Abdominal exam (video in LUMEN) and write-up PE
- 8/7 Normal pediatric Thursday (Barbato) no small grp
- 8/12 Peripheral Vascular exam (Aulivola)
  - PV exam & Heart exam review (video in LUMEN) and write-up PE
- 8/14 "Harvey" session Thursday Normal heart exam
  - 25 minutes/40 students Rm 460 (11:30 am - 2:00 pm)
- 8/19 Eye exam (Jay)
- 8/20 & 8/27 - ophtho workshops - Wednesdays - LOC
- 8/26 Neuro and mental status exams (Gruener)

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## September 2008

- 9/2 Transfer from the history to the physical (Sheehan)
  - HEENT exam (video in LUMEN) and write-up PE
  - Lung exam (video in LUMEN) and write-up PE
- 9/3 Geriatrics (Sih) Wednesday, lecture only
- 9/9 Breast exam (Koller)
  - Online quiz noon – 1pm before lecture
  - Breast workshops 9/9, 9/10, 9/11
- Neuro OSCE (memorized = focused exam)
  - Monday Sept 15 or Friday Sept 19 (1:0 to 5:30 pm)
  - Chance to demonstrate to your progress to facilitator
  - DO NOT come unprepared
  - 95% to pass

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## September 2008

- 9/16 Lymphatic system (Smith)
- 9/23 and 9/30 Head to toe physical exam on female SP
  - One hour with facilitator and SP (make your own schedule)
  - No lectures or small groups
  - EXPECTED TO BE ABLE TO DO PE WITHOUT PROMPTS
  - Facilitator provides feedback on technique, transitions
  - Chance to demonstrate to your progress to facilitator
  - DO NOT come unprepared

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## Preceptor program

- Consider asking attending to be your preceptor or we will assign one to you from October 13, 2008 through April 2009
- Assignments made Sept 29, 2008
- 4 write-ups
- Take advantage of this opportunity

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## TOMORROW Tuesday 8/5

- **Skin exam (Dr. Boyle)**
- **Small groups**
  - Review and practice skin exam
  - Review and practice abdomen exam
  - **BRING EQUIPMENT**
  - Learn normal write-up for skin and abdomen
  - **Elect small group rep**
    - Monthly lunch meeting with course directors
      - 3<sup>rd</sup> Tuesday of month 12:15 – 1:15 (before PCM lecture)
  - Small Group Rep returns to Les in 320
    - Attendance sheet (every week picks up from Les)
    - Session Feedback Form

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## Thursday August 7

- **Intro to peds lecture (Dr. R Barbato)**
- **No Small groups - Lecture only**

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