

PCM3 Written Reflection Requirement

You are required to turn in a short reflection assignment (500 – 1000 words) to your small group moderators by the final session (May 20, 2009).

You may reflect on any aspect of your professional and personal development prompted by your clinical experience. We provide a list of prompts below from which you may select in order to organize your thoughts (Please choose only one of the questions.)

You may be creative in format (e.g., introducing original poetry, prayer, drawing or other forms of expression that convey your meaning). However, your submission should be written in an organized and intelligible fashion. And, while you may express any thoughts, observations or frustrations you experienced, the reflection should be professional in tone and nature, e.g., please do not engage in sarcasm, profanity, ridicule, etc.

Prompts for written reflection:

1. Engage one or more of the questions we have used for reflection this year in terms of your clinical experiences, e.g.,

 What surprised you?

 What moved you?

 What inspired you?

 Are you becoming the physician you want to be?, e.g., the one you set out to be when you first decided to go to medical school?

2. Has there been any particular patient who caught your attention and seems to have left an impression on you? What did you learn from this patient? How might you practice medicine differently as a result of this encounter?

3. Has there been any particular physician who caught your attention and seems to have left an impression on you? What did you learn from this doctor? How might you practice medicine differently as a result of this encounter?

4. It is sometimes said that Catholic health-care facilities should show a special concern for “the poor.” Where in your clinical experience did you find poor persons? How were they treated, both in terms of medical care and respect? What personal challenges for you did these persons pose? What are your feelings and attitudes toward the place the poor will occupy in your practice?

5. How have you changed as a person this year? How are your important relationships different, e.g., relationships to parents, old friends, new friends, significant others? How has your view of the world and the universe, e.g., your view of God, changed as result of your clinical experiences?

6. Did you gain insight into what area of medicine you might like to pursue as a specialty? What attracts you about this area? What kind of patients will you see? What kinds of interactions will you have with them? What does your attraction to this area tell you about yourself? Are you surprised by your choice or is it completely consistent with what you’ve always thought about yourself?

