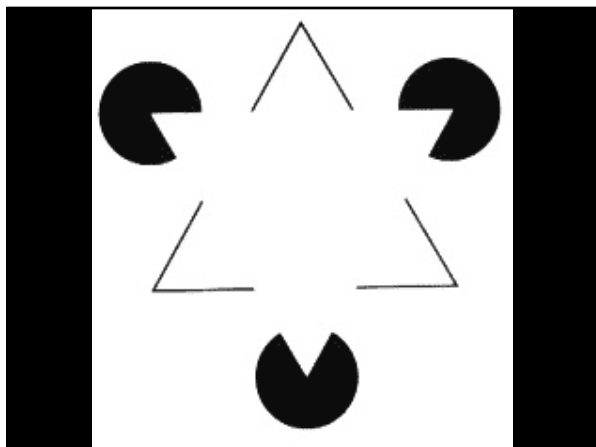


Chest and Abdominal Radiography for Medical Students

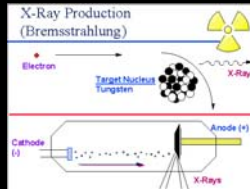
Kenneth L. Pierce, M.D.
Dept of Radiology
Loyola University Medical Center





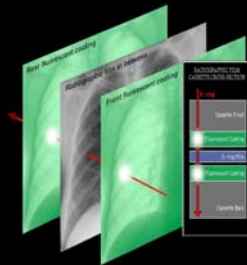
Physics

- Xray imaging
- Shoot electrons at tungsten target
- Emit xrays (photons)
- Directed at object/detector



Physics

- Some of the photons absorbed by patient
- Photons that penetrate patient strike detector
- Different tissues have different xray absorption - contrast

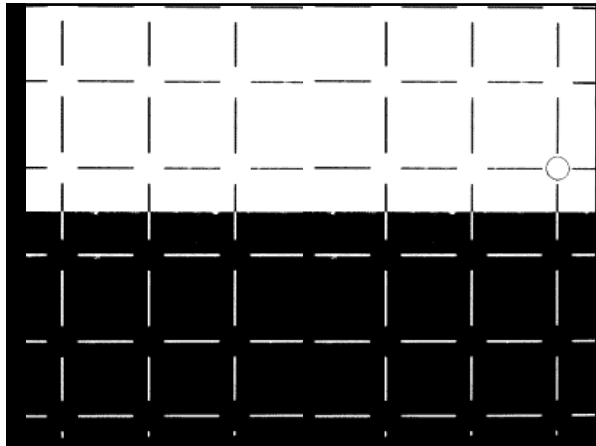




The radiographic density on film depends on both the thickness of a tissue and its atomic weight. Note that most of the soft-tissues are clustered indistinguishably in the middle grays.



Because of its mathematical accuracy and its digital underpinnings, computed tomography permits greater discrimination of individual soft-tissues on an extended gray-scale.



TISSUE DEPTH
X-ray Absorption is Proportional to the Depth of the Target Tissues...

BUT
The Atomic Weight of the Tissue Also Plays a Major Role in Determining Image Density

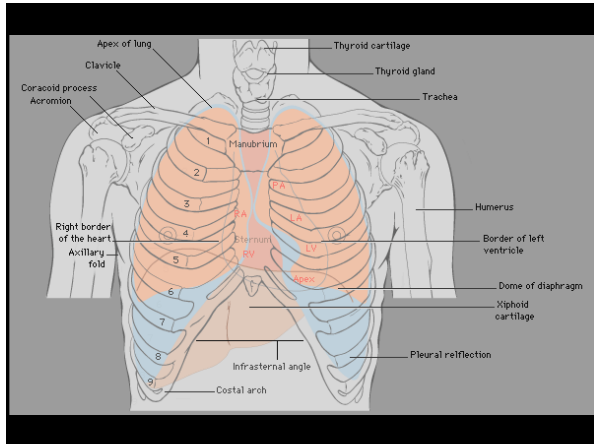
Increasing radiographic density →

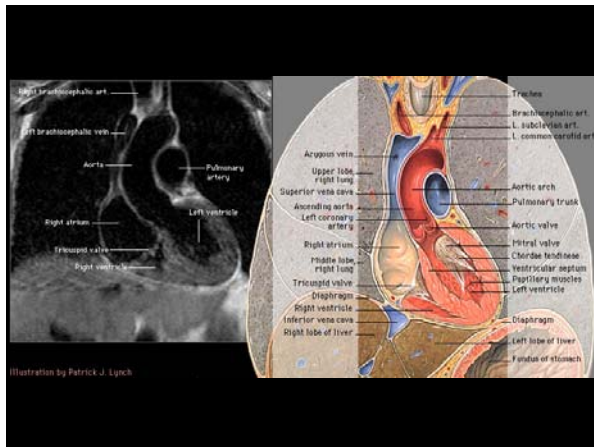
Resulting radiographic density on film

Increasing radiographic density →

The radiographic density on film depends on both the thickness of a tissue and its atomic weight. Note that most of the soft-tissues are clustered indistinguishably in the middle grays.

Because of its mathematical accuracy and its digital underpinnings, computed tomography permits greater discrimination of individual soft-tissues on an extended gray-scale.





How to Read a Chest Film

- “See everything on the film, learn all the diseases, and then it’s easy.” Terry Demos
- Probably the most difficult thing in radiology to teach
- Repetition is the key

How to Read Chest Films

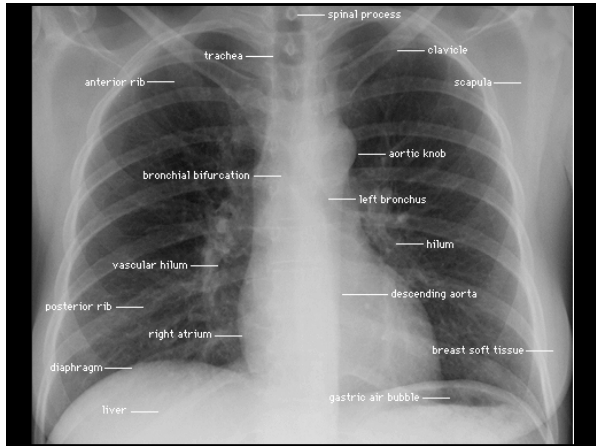
- Develop a System
 - Doesn't matter what it is, just make sure you look at EVERYTHING.
- Look at a lot of films
- Know the limits of the modality
 - Poor positioning, technique, motion, etc.
- Know some basic patterns

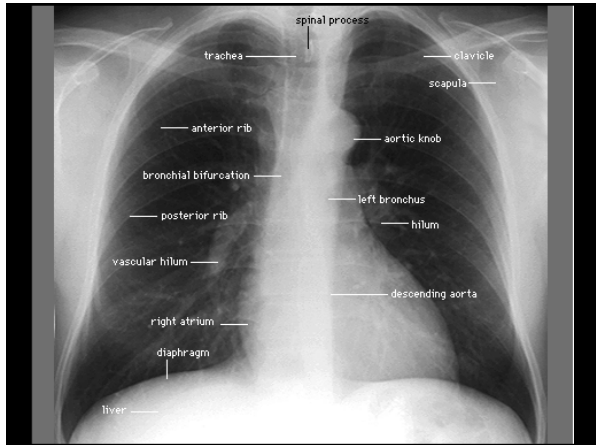
What You Should Recognize

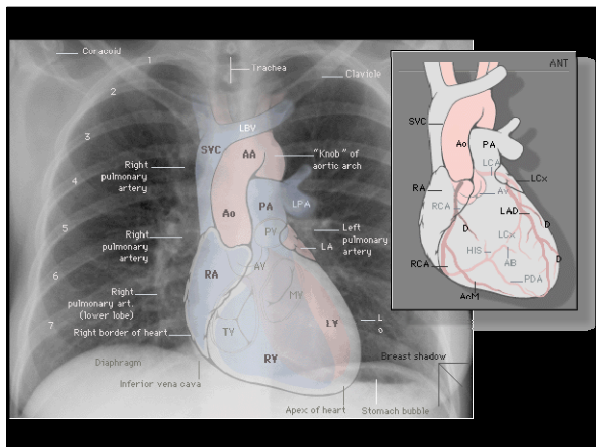
- Normal
- CHF
- Consolidation
- Effusions
- Masses
- Atelectasis
- Pneumothorax

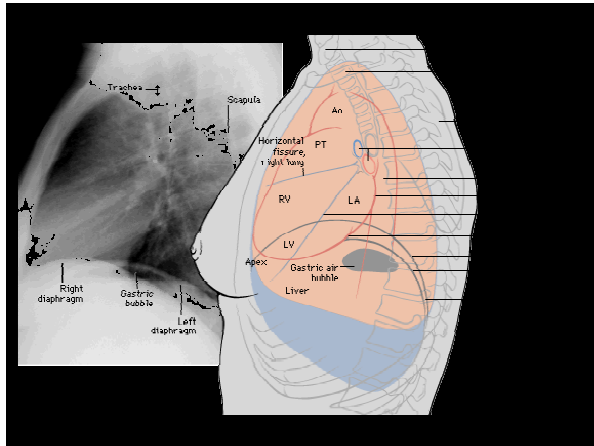
Normal

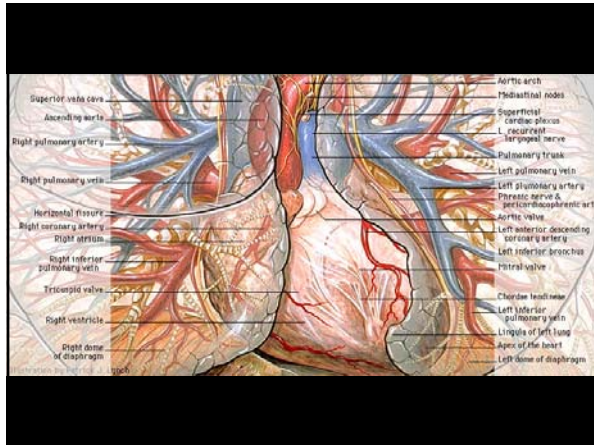
- Hardest film to read
 - Once it's called normal, out of the system
- Broad range of 'normal'
 - Between patients, radiologists
- Knowledge comes with experience

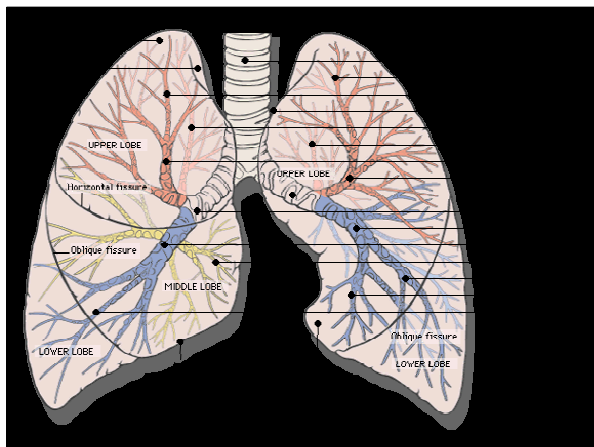






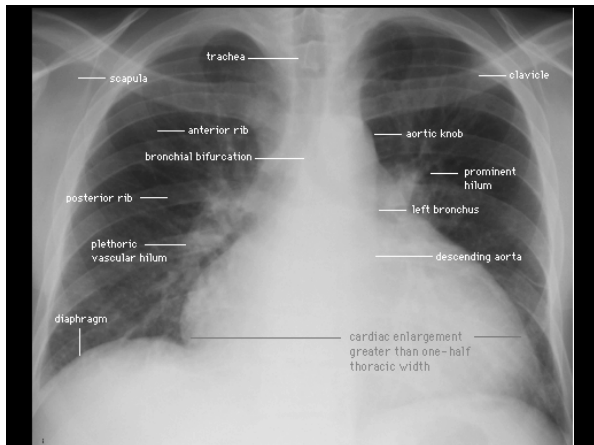


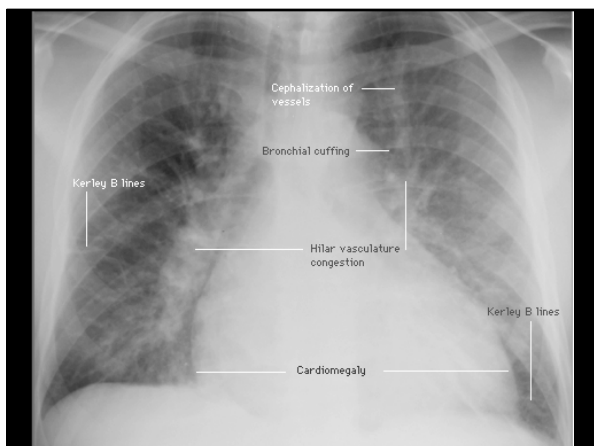


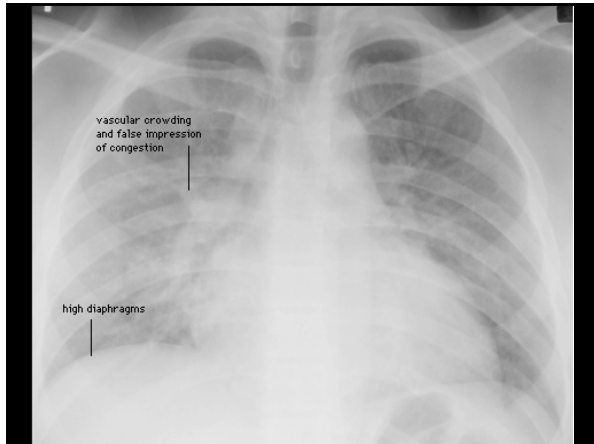


CHF

- Thickening of the interlobular septa - Kerley B lines
- Peribronchial cuffing- Wall is normally hairline thin
- Thickening of the fissures - Fluid in the subpleural space in continuity with interlobular septa
- Pleural effusions

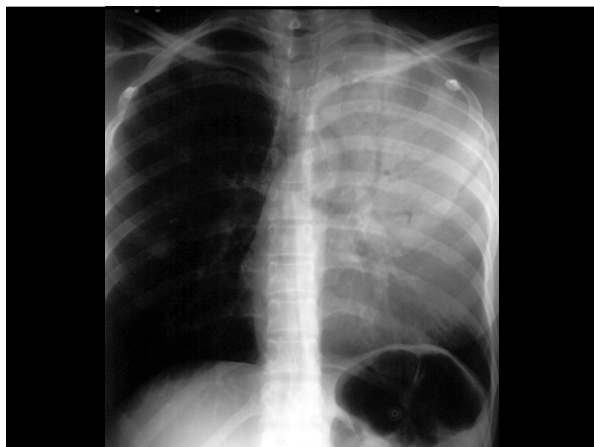


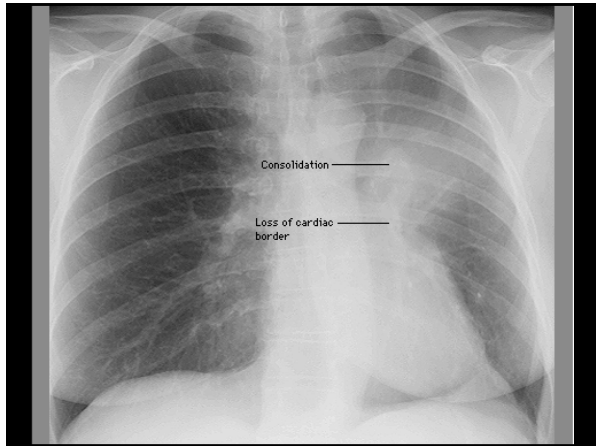




Consolidation

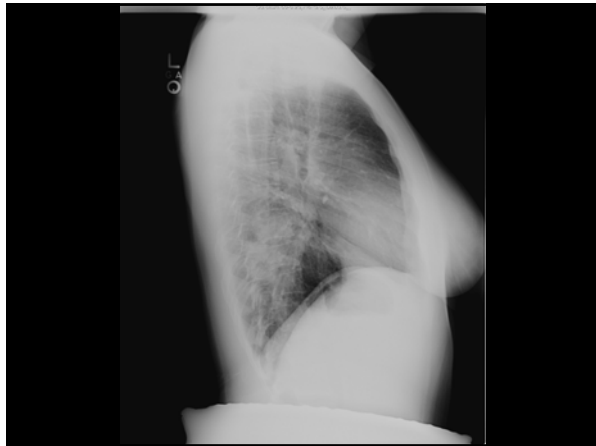
- Air bronchogram
 - Bronchi - air filled
 - Alveoli - fluid-filled
- Lobar anatomy
- Silhouette sign
 - No contrast between fluid-filled structures
 - Heart, diaphragm











Effusions

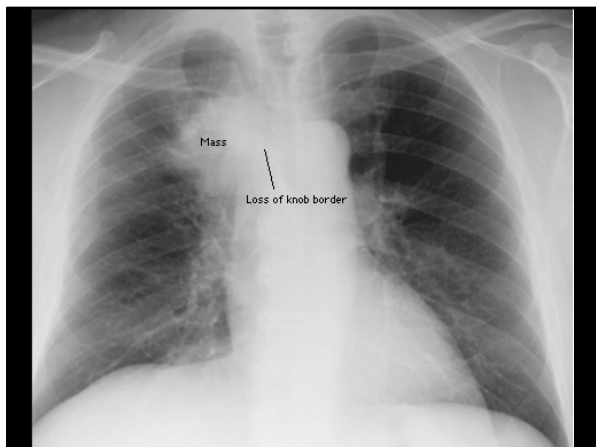
- Fluid in the pleural space
- Pleura can hold a lot of fluid
 - Need around 250 cc's to see
- Meniscus sign – balloon in a cylinder of water
- Usually free-flowing, but can be loculated, sub-pulmonic, infected

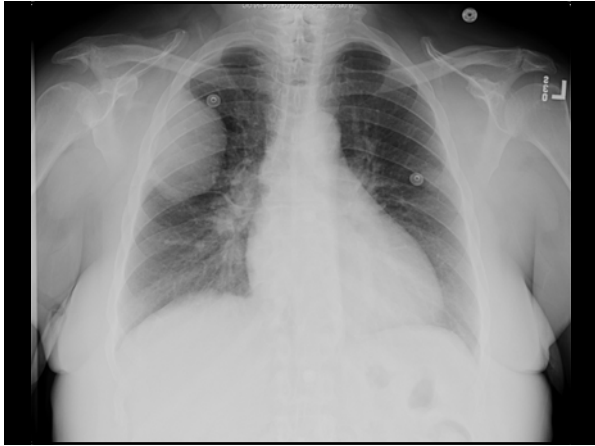


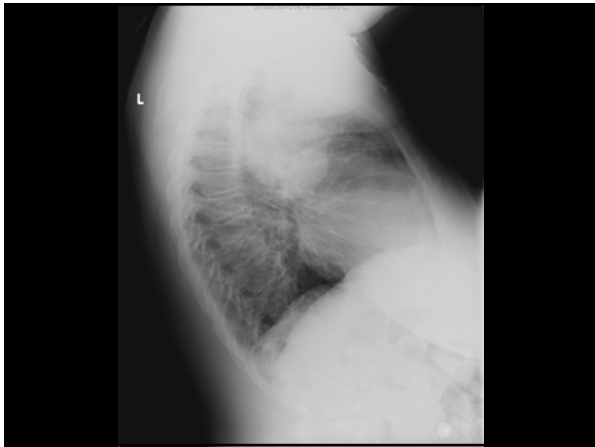


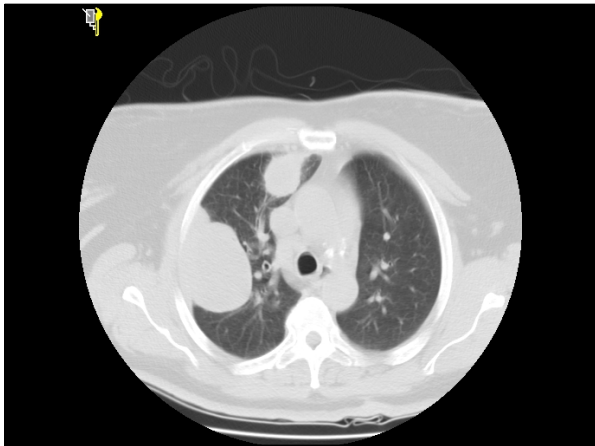
Masses

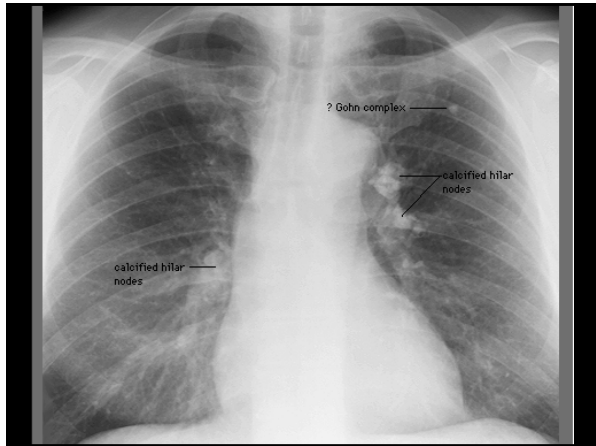
- Can be round, spiculated, cavitated, ill-defined, multiple
- Cancer – spiculated, cavitated, extend to adjacent structures
- Vascular- rounded with linear extensions
- Multiple - metastases

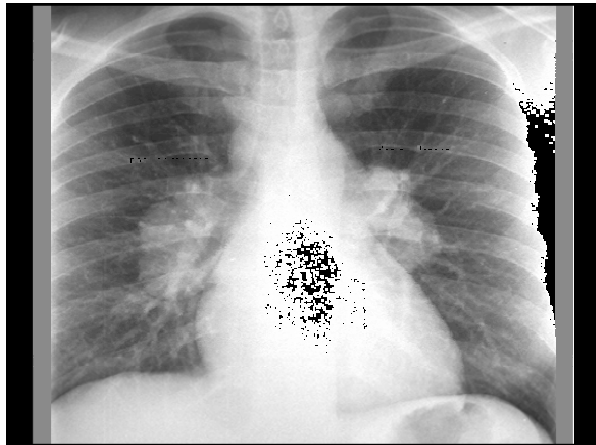


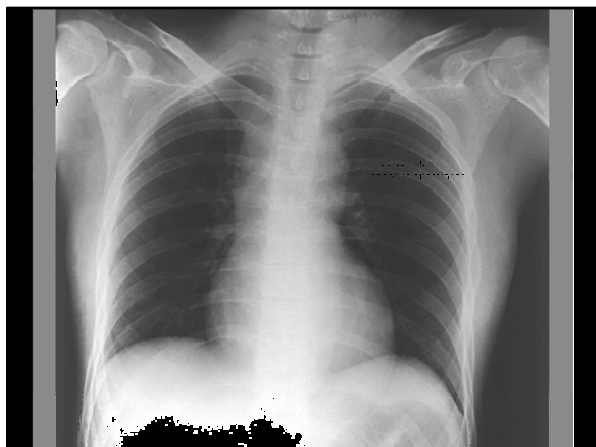










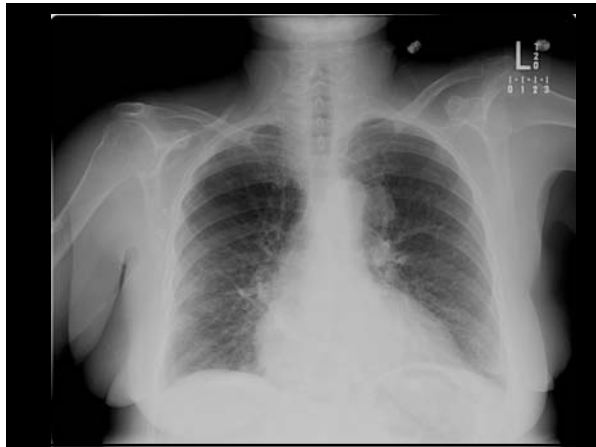




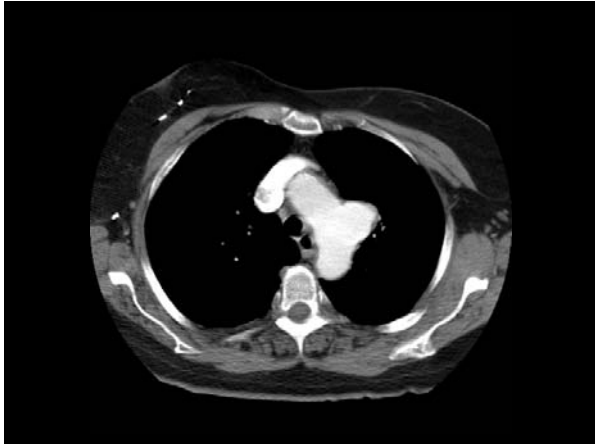


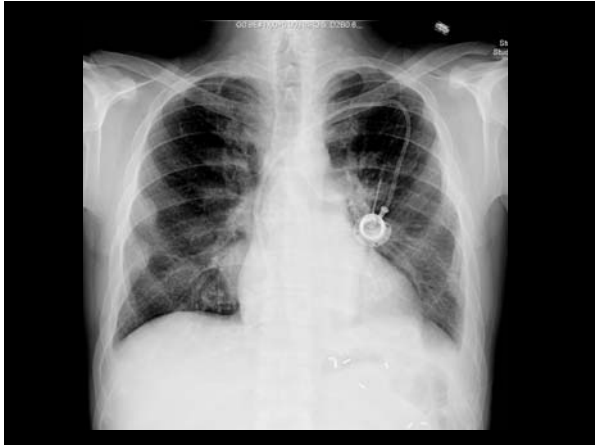




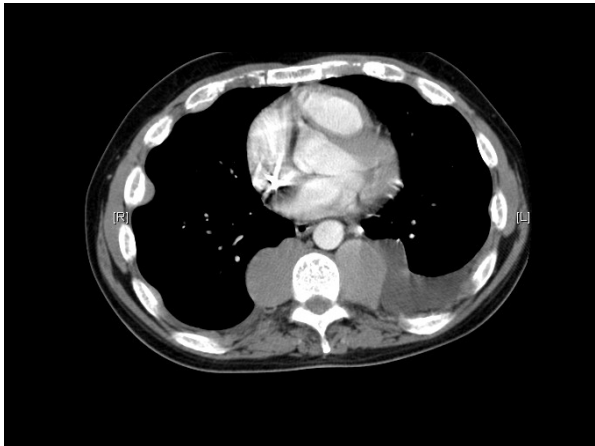




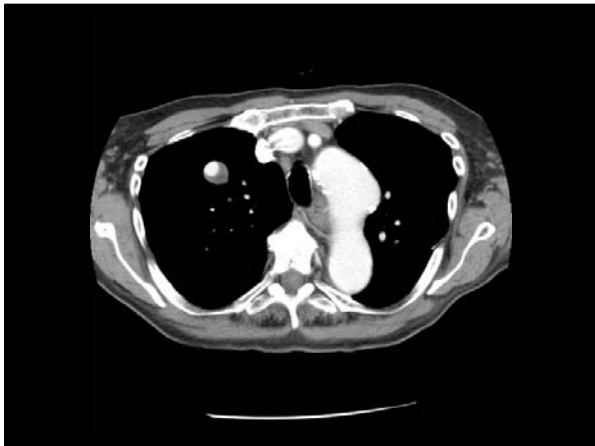






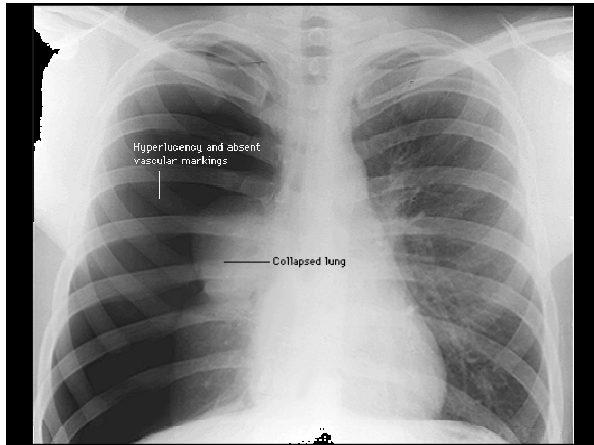


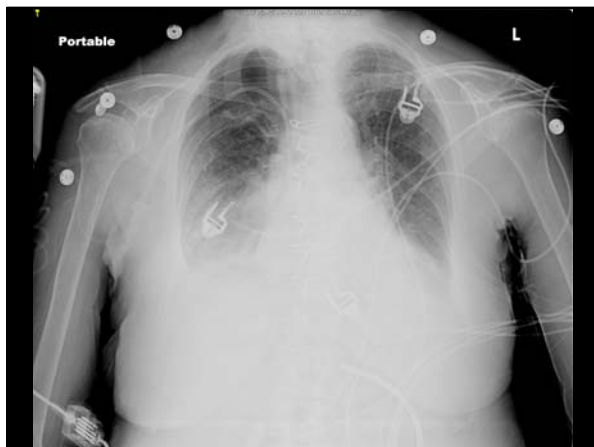




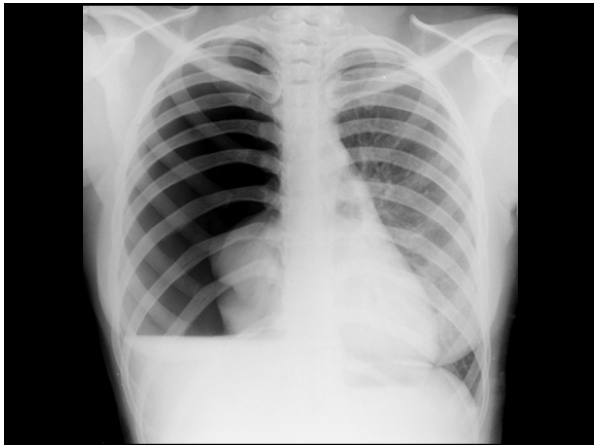
Pneumothorax

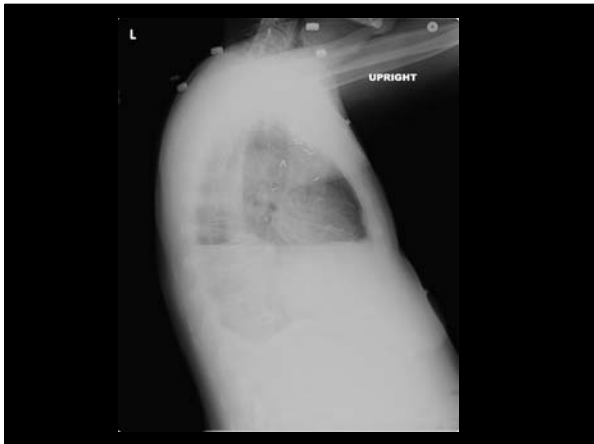
- Air enters between visceral and parietal pleura
- Tension – shift of mediastinum, good lung compressed
- Recognize white line of ptx
– Can be confused with skin fold











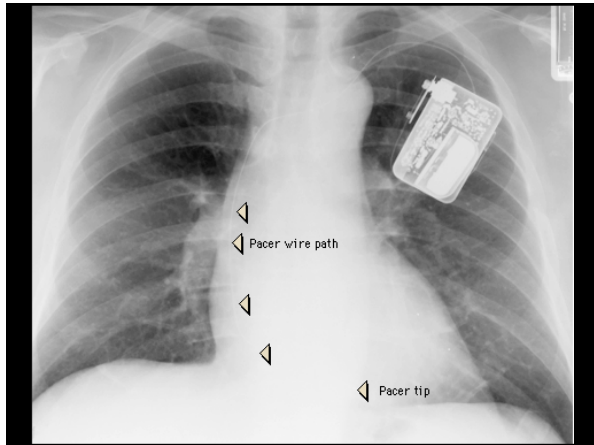


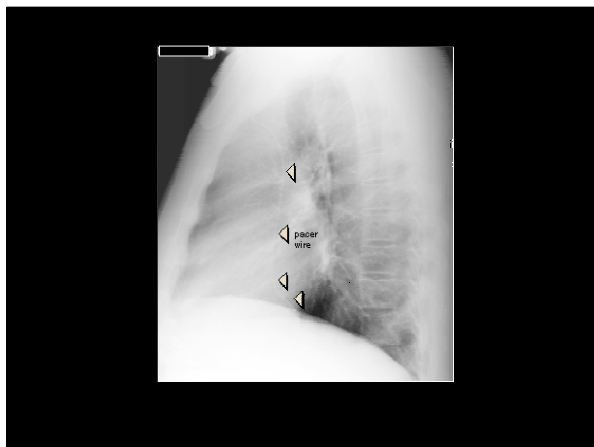


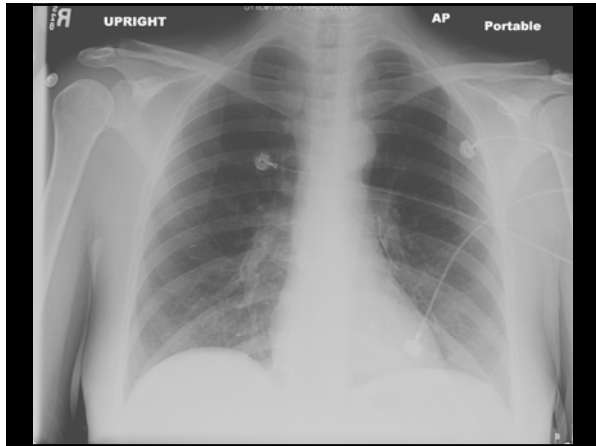


Lines, tubes, etc,

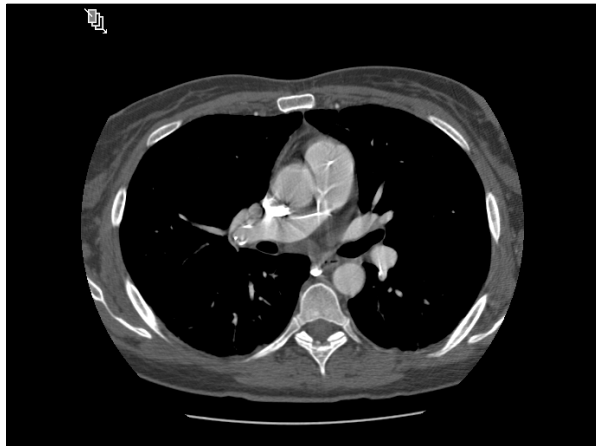
- Check for complications
- Must follow anatomy
- Responsible for the bulk of portable ICU films
- “on” or “in” patient

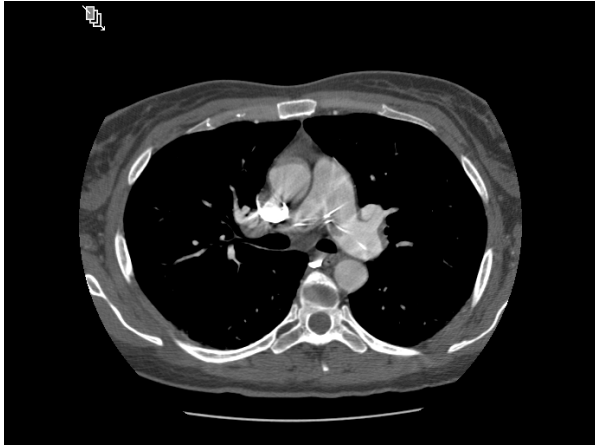


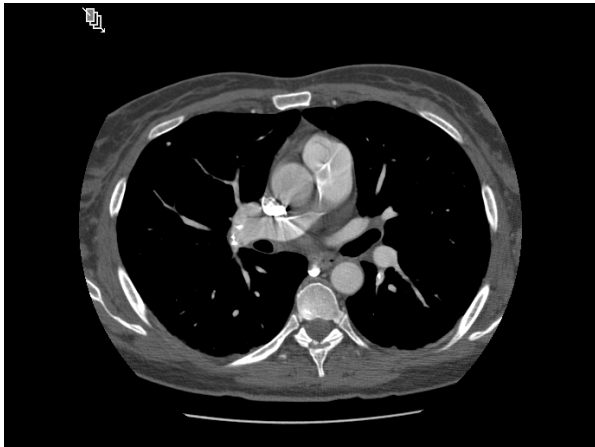


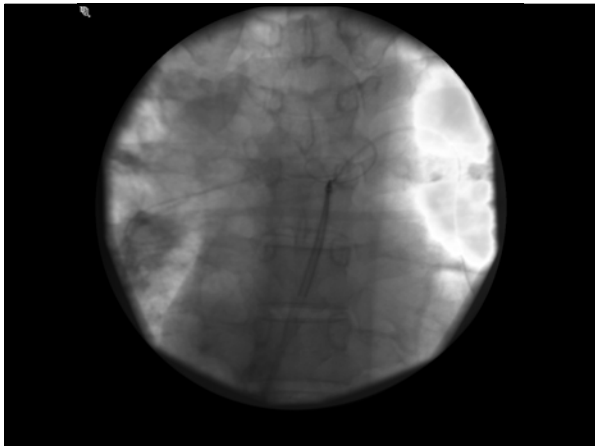


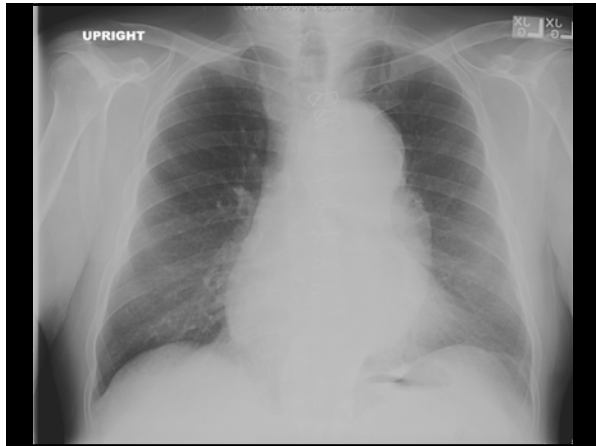


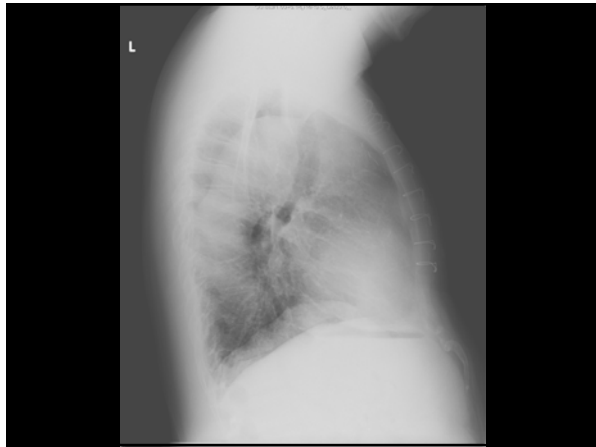
















Abdominal Plain Films

- Surgical abdomen, 4 view, flat plate
- 4 view - supine, upright, left lateral decubitus, PA chest
- 2 most important films
 - Supine abdomen
 - Upright chest

Interpretation of Abdominal Film

- Gas Pattern
- Calcification
- Soft tissue
- Bones
- Everything else

Gas Pattern

- Normal
 - Bowel loops air/fluid filled <3cm for small bowel, larger for colon
 - Air in stomach/rectum/cecum
- Abnormal
 - Obstruction
 - Ileus



Obstruction

- Small Bowel
 - Dilated loops > 3cm
 - Air/fluid levels
 - Non-distended colon
- Large Bowel
 - As above
 - Distended colon/non-distended rectum







Causes of Obstruction

- Small Bowel
 - Adhesions – most common
 - Hernia
 - Intussusception
- Large Bowel
 - Mass/tumor - most common
 - Volvulus
 - Hernia
 - Inflammation

Ileus

- Localized
 - Adjacent inflammatory process causing local irritation/dilation
 - Pancreatitis, appendicitis, diverticulitis, ulcer
- Generalized
 - Gas in small and large bowel, symmetric air/fluid levels
 - Post-operative





Calcification

- Urinary stones
 - Kidney, ureteral, bladder
- Gall stones
- Vascular
 - Aortic wall, aneurysm
 - Phleboliths
- Masses











Soft Tissue

- Hepatomegaly/splenomegaly
- Ascites
 - Bulging flanks
- Mass effect
 - Displaced bowel loops
- Psoas sign – loss of psoas shadow – apy





Free Air

- Usually perforated viscus
- Post-op up to a week
- Need only a few cc's of air to see it
 - Best film? Upright chest
- Air under diaphragm
 - Over liver margin on LLD

