

V. A Few Terms (for Your Convenience)

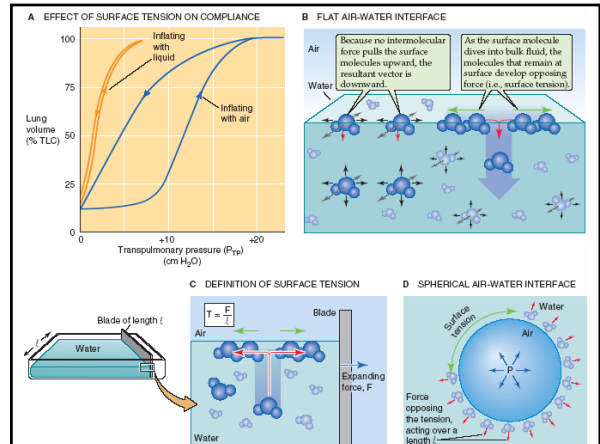
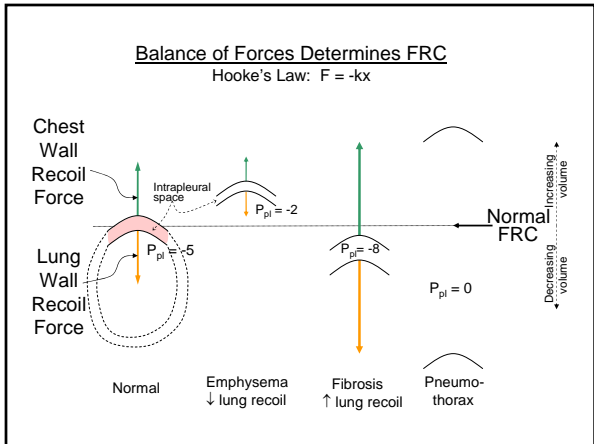
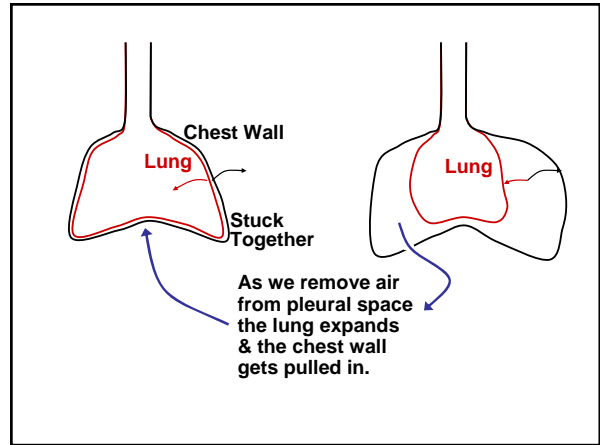
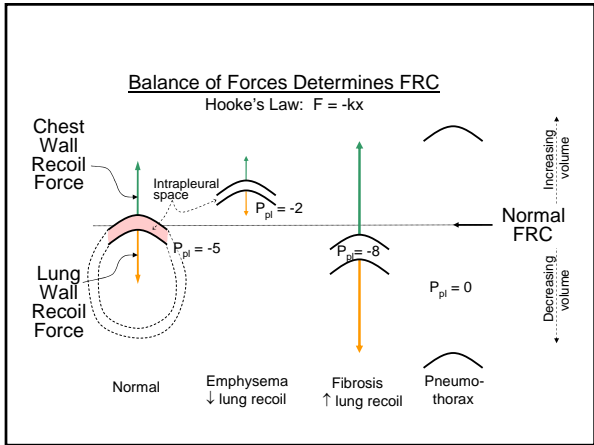
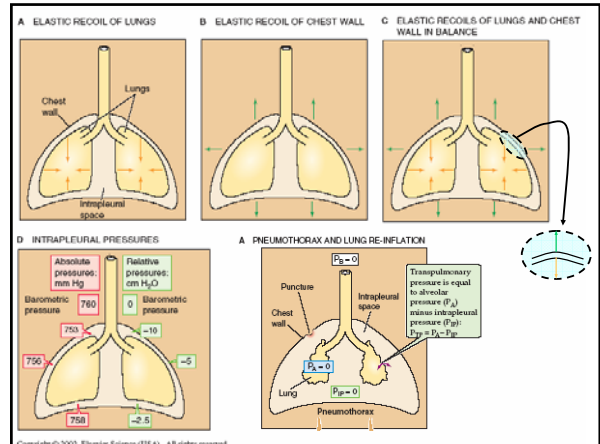
- Eupnea - Normal breathing.
- Apnea - cessation of respiration (at FRC).
- Apneusis - cessation of respiration (in the inspiratory phase).
- Apneustic breathing - Apneusis interrupted by periodic exhalation.
- Hyperpnea - increased breathing (usual $\uparrow V_T$).
- Tachypnea - increased frequency of respiration.
- Hyperventilation - increased alveolar ventilation ($P_{ACO_2} < 37 \text{ mm Hg}$).
- Hypoventilation - decreased alveolar ventilation ($P_{ACO_2} > 43 \text{ mm Hg}$).
- Atelectasis - closed off alveoli, typically at end exhalation.
- Cheyne-Stokes Respiration - Cycles of gradually increasing and decreasing V_T .
- Dyspnea - Feeling of difficulty in breathing.
- Orthopnea - Discomfort in breathing unless standing or sitting upright.

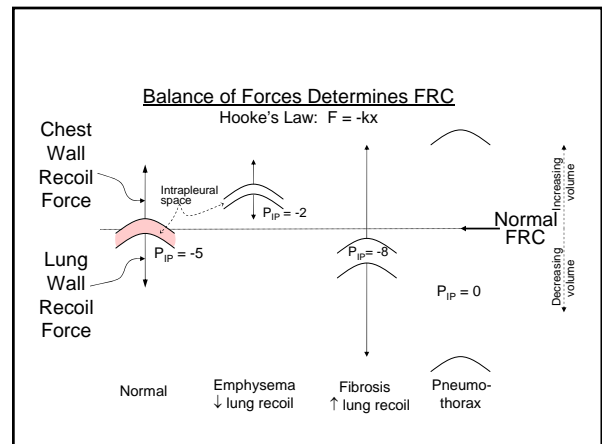
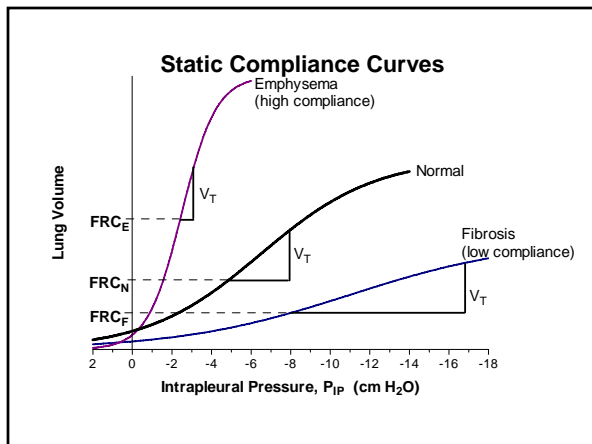
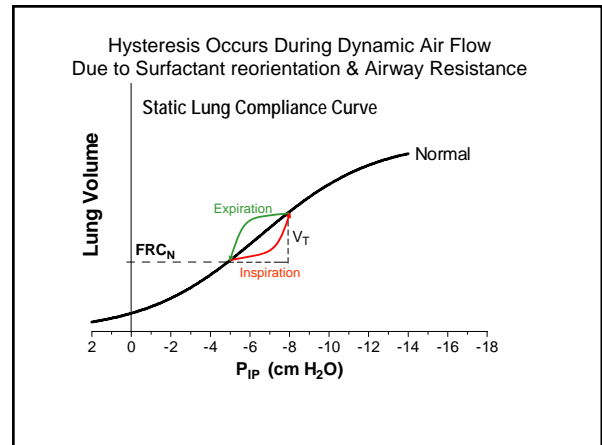
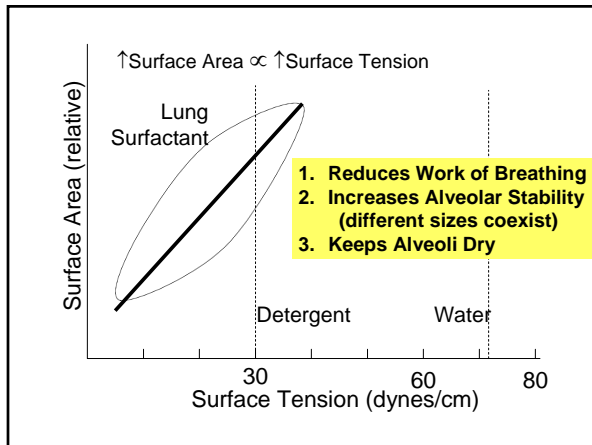
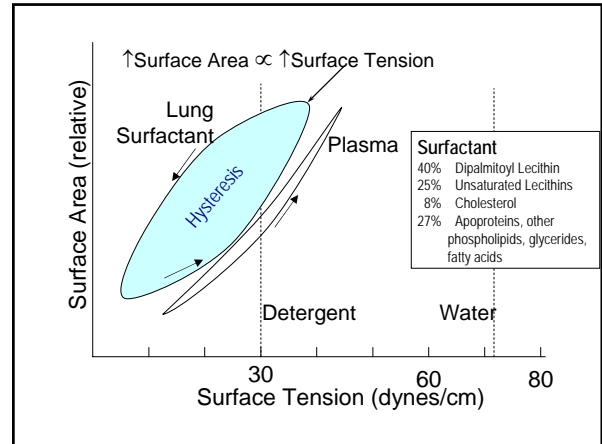
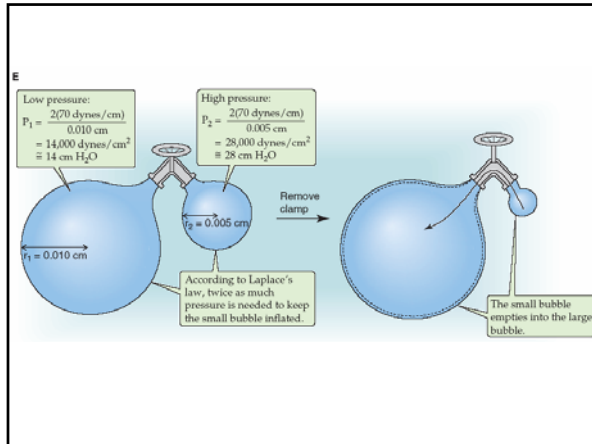
P_{IP} - Intrapleural pressure (pressure in space between visceral and parietal pleurae)
 P_{TP} - Transpulmonary pressure (distending pressure of airway)
 P_{ACO_2} - Alveolar P_{CO_2} (partial pressure of CO_2).
 P_{aCO_2} - arterial P_{CO_2} .
 P_{vCO_2} - venous P_{CO_2} .
 P_{AO_2} - Alveolar P_{O_2} .
 P_{aO_2} - arterial P_{O_2} .
 P_{vO_2} - venous P_{O_2} .
 $P_{E_{CO_2}}$ - P_{CO_2} of exhaled air.
 $F_{I_{CO_2}}$ - fraction of exhaled air which is CO_2 .
 (i.e. A = Alveolar, a = arterial, v = venous, E = exhaled, I = inspired)

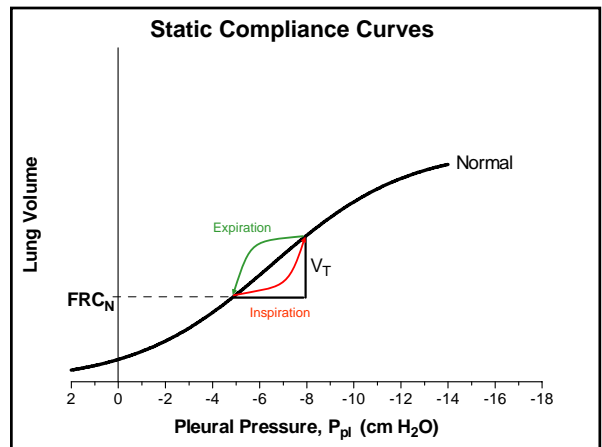
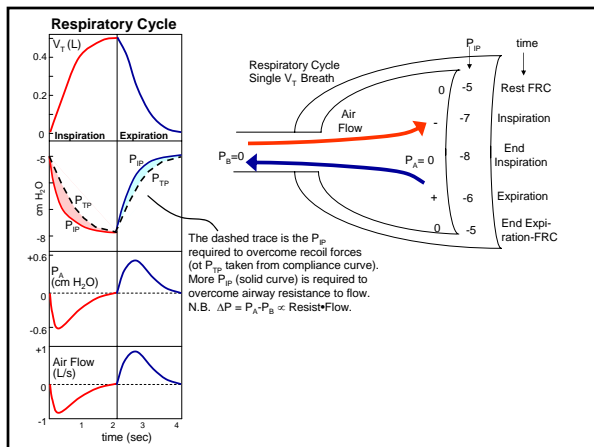
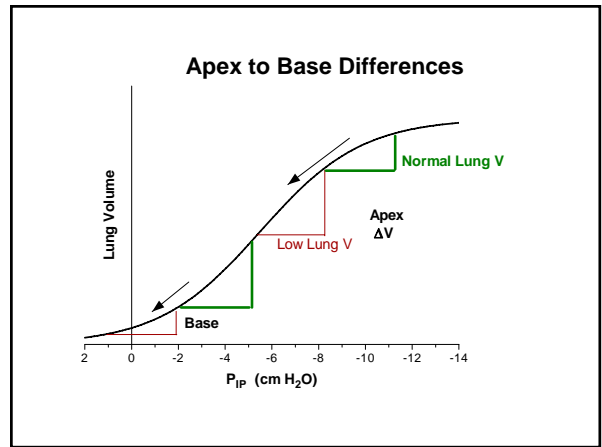
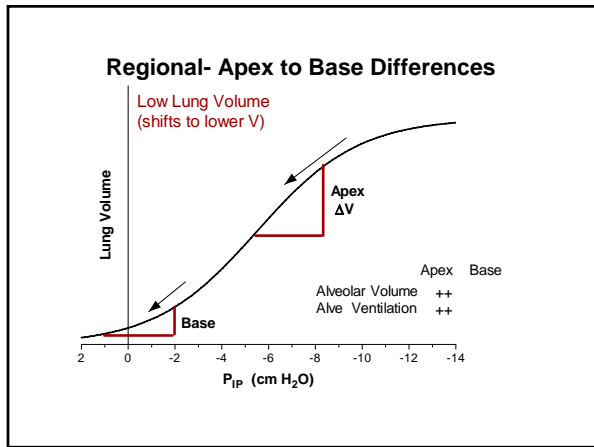
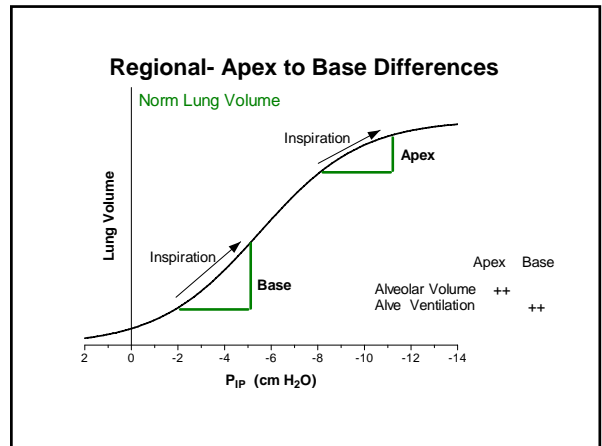
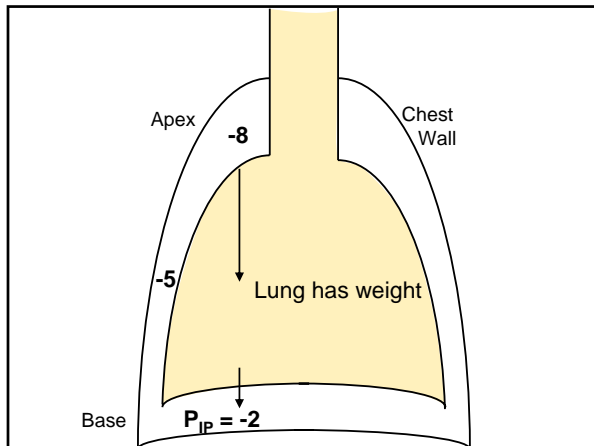
V_E - Expired volume (liters)
 \dot{V}_E - ventilation (liters/min) ($\dot{V} = dV/dt$)
 \dot{V}_A - Alveolar ventilation (liters/min)
 Q - Blood Flow (liters/min)

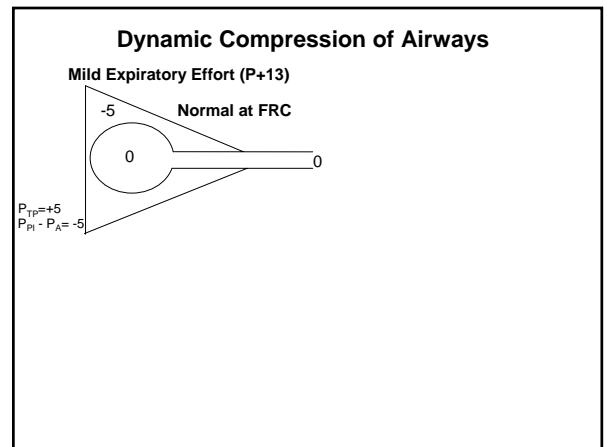
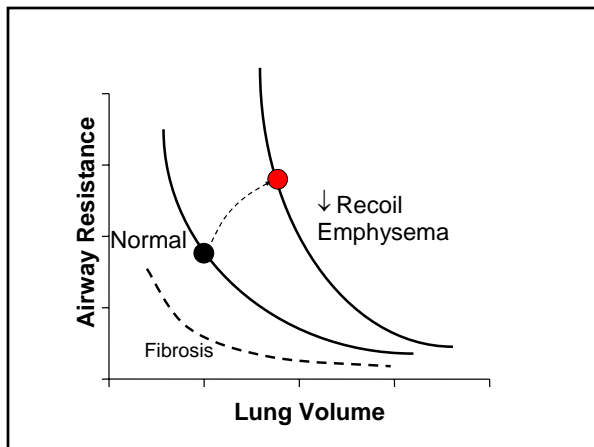
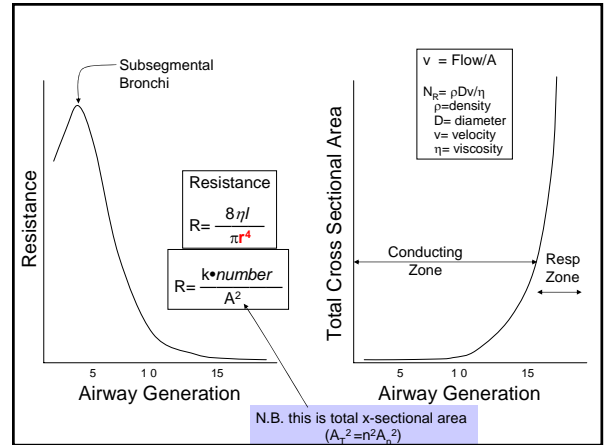
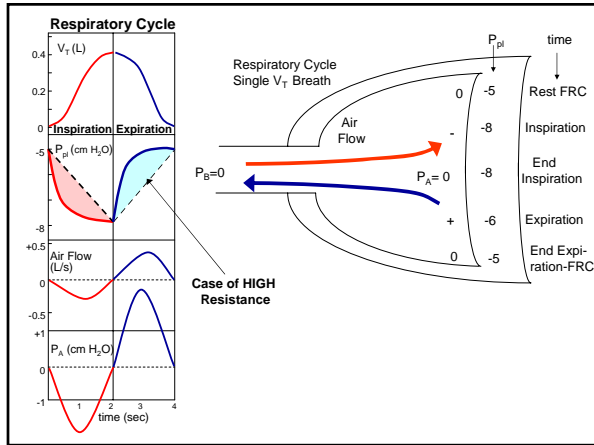
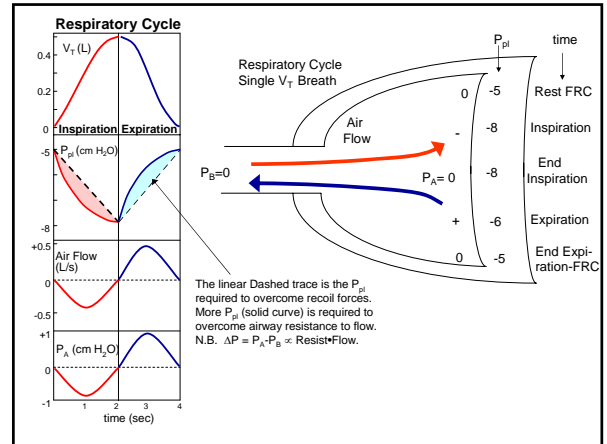
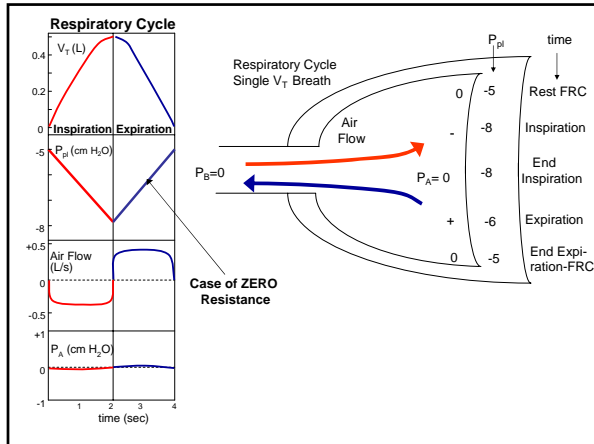
Some Typical Normal Values for Some Key Pulmonary Parameters

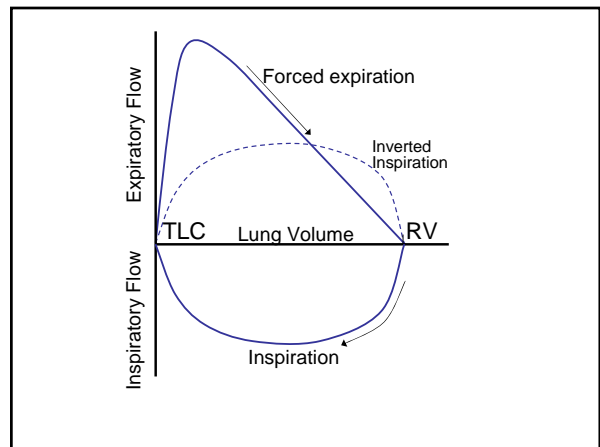
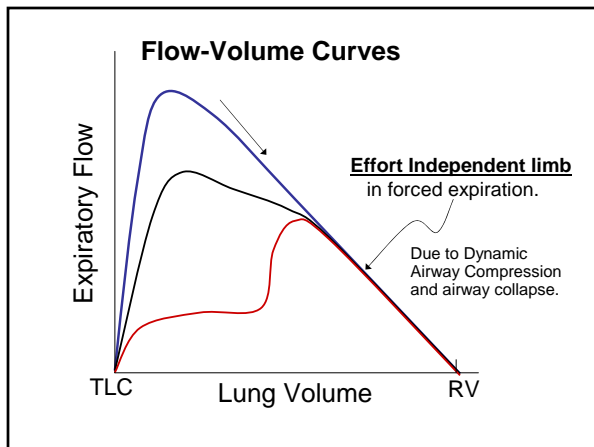
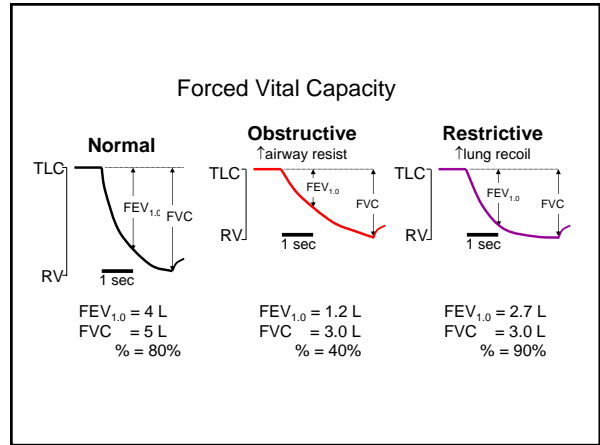
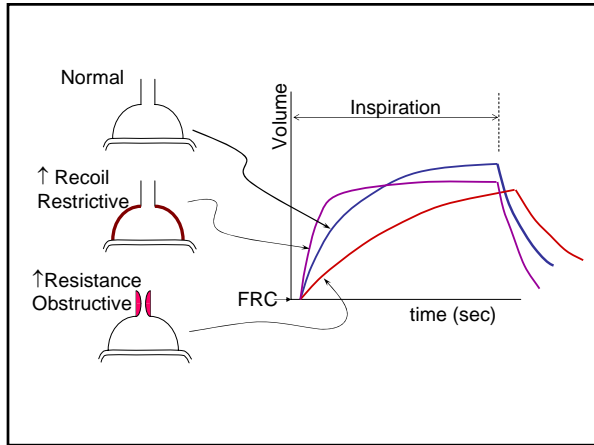
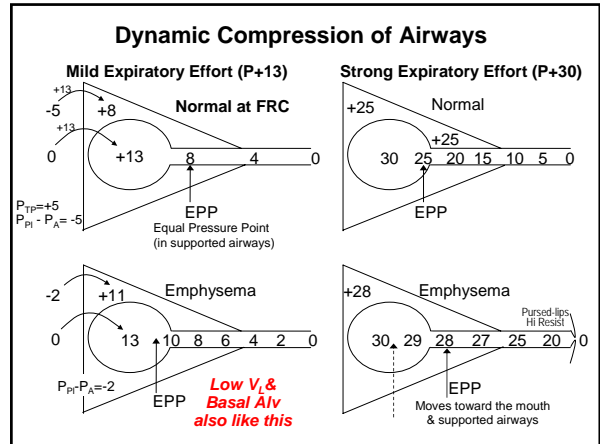
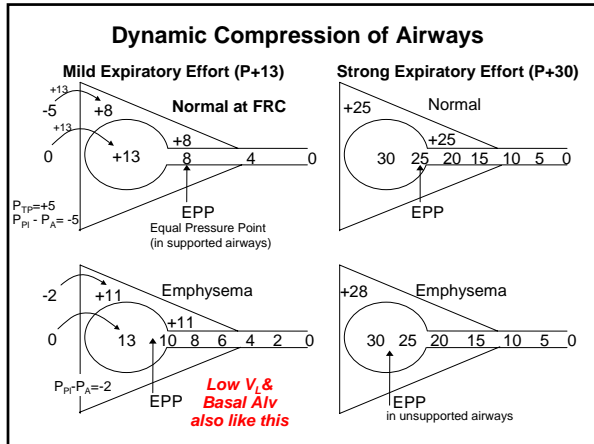
FRC	2.6 L	Max. exp flow	6-9 L/sec
RV	1.5 L	Compliance	60-100 mL/cm H ₂ O
TLC	6.0 L		
V _T	500 ml		
FVC	4.5 L	P _{AO₂}	100 mm Hg
		P _{AO₂} (21% O ₂)	90-95 mm Hg
		P _{AO₂} (100% O ₂)	>500 mm Hg
FEV _{1.0} / FVC	>75%	P _{aCO₂}	40 ± 3 mm Hg
Frequency	10-12/min	Arterial pH	7.37-7.43
V̇ _A (norm)	5 ± 0.5 L/min	P _{vO₂}	40 mm Hg
V̇ _E (norm)	7 ± 0.7 L/min	P _{vCO₂}	46 mm Hg
V̇ _E (max)	120-150 L/min	[Hb]	14-15 g/dL
Max. insp flow	7-10 L/sec		

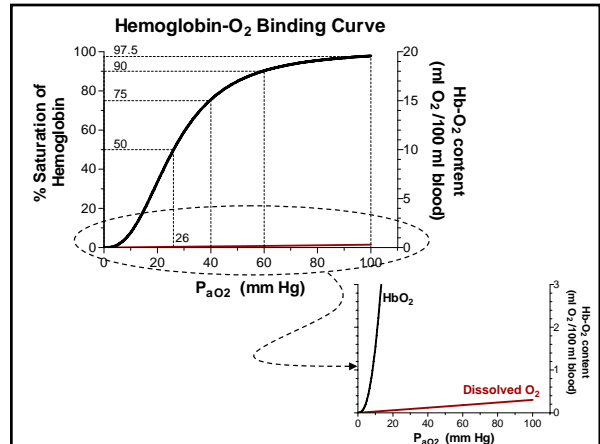
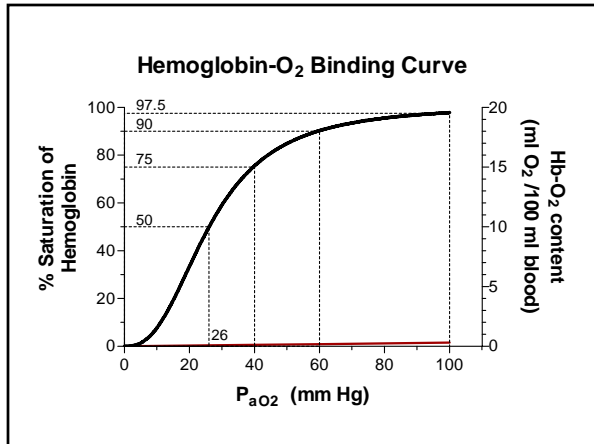
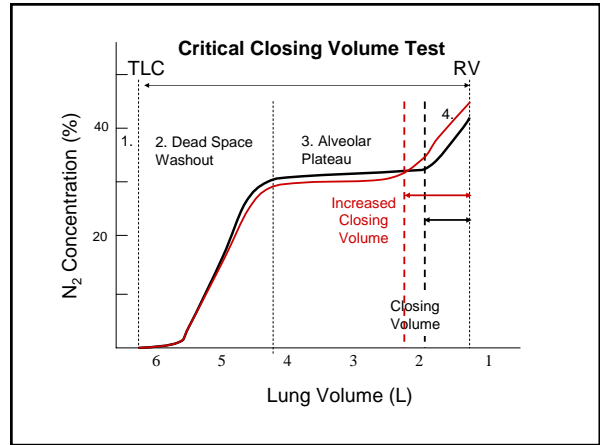
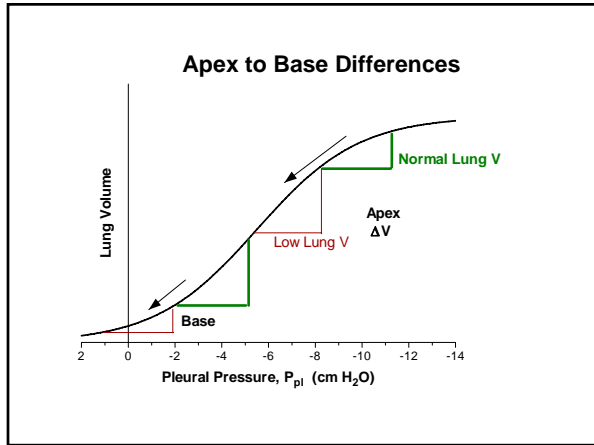
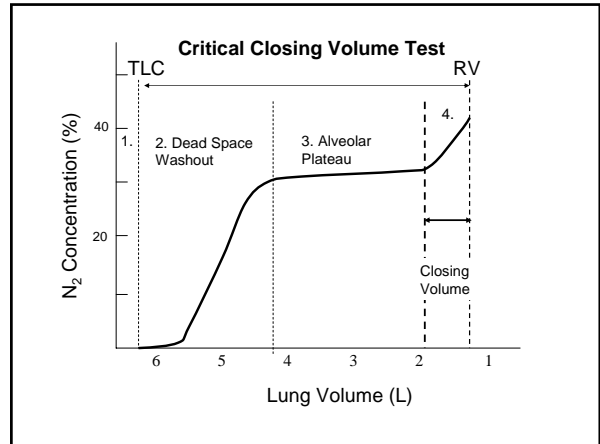
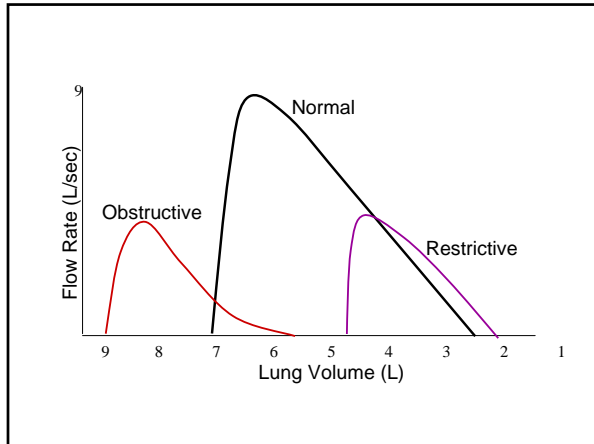


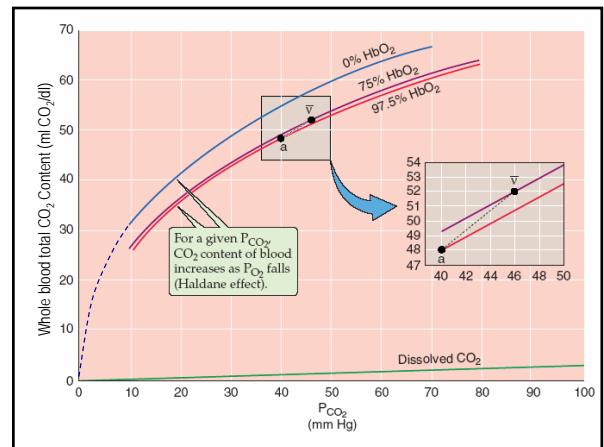
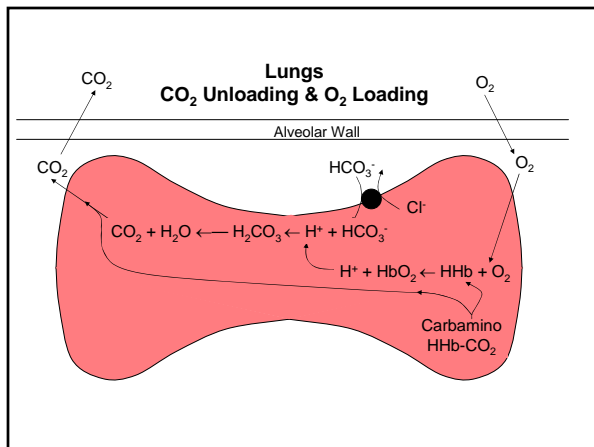
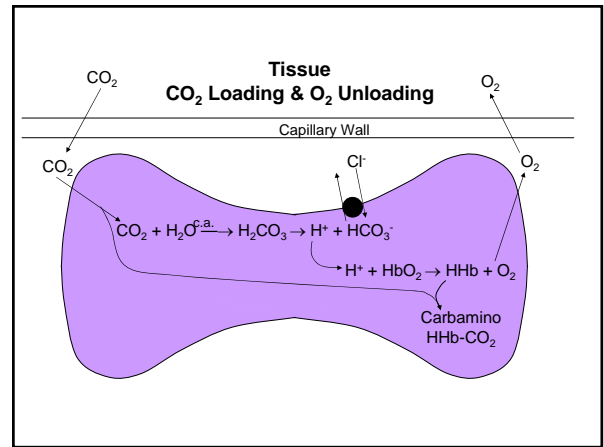
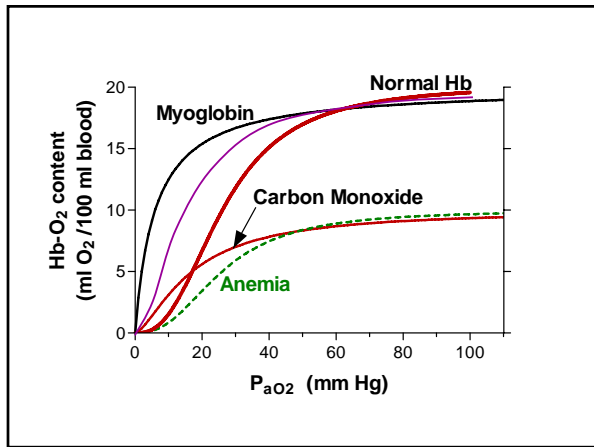
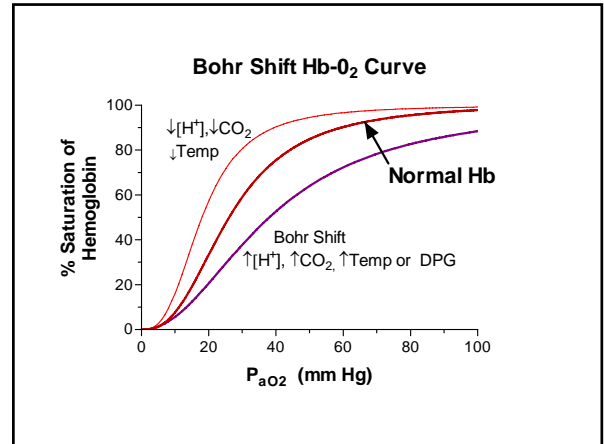
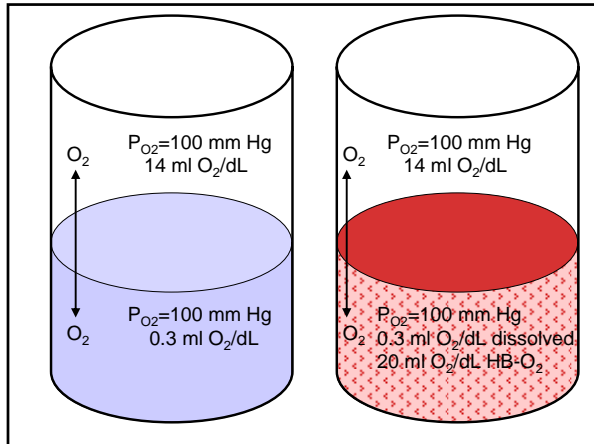


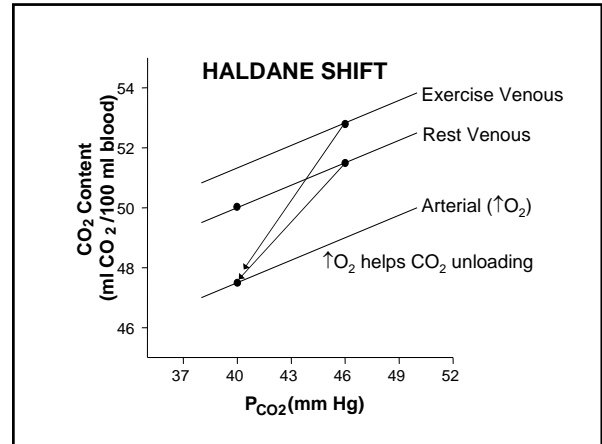
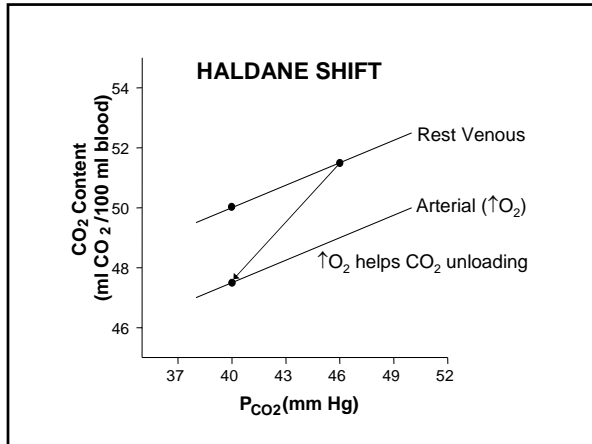












XIV. RESPIRATORY GAS CASCADE

	P_{O_2} mm Hg	P_{CO_2} mm Hg
Air (dry) 760×0.21	160	0
Trachea (humidified; $760-47$) 713×0.21	150	0
Alveolus (some O_2 absorbed by blood)	100	40
Arterial (R-L Shunt)	90	40+
Mixed venous (O_2 absorbed by tissues)	40	46

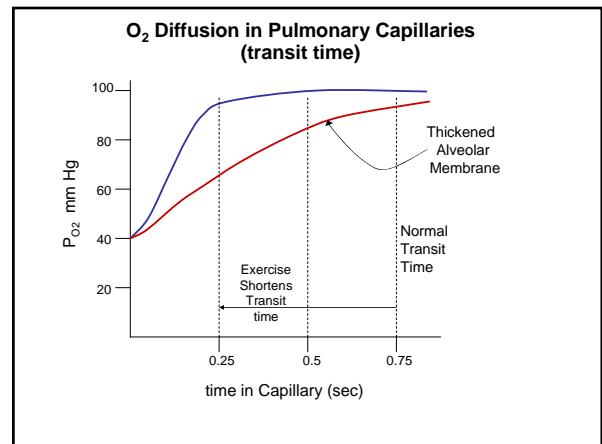
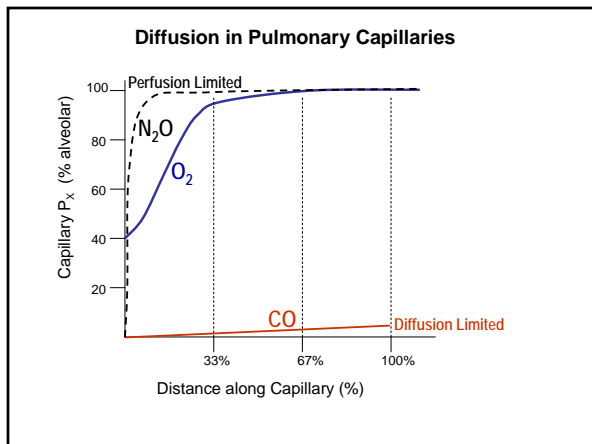
CO is Diffusion Limited (soaked up by Hb immediately)
 Uptake depends on Diffusing Capacity

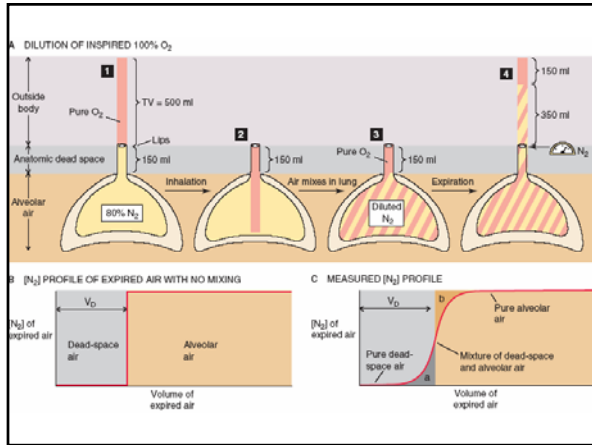
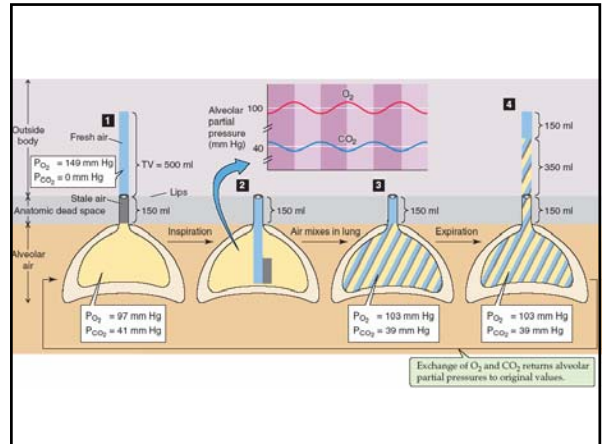
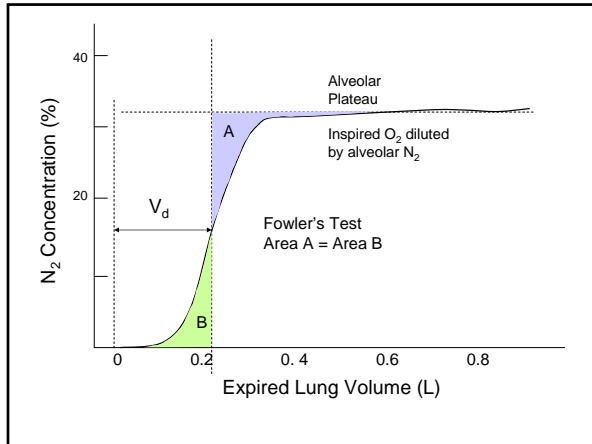
$CO + Hb = Hb-CO$ $[CO] = "0"$

NO_2 doesn't bind $[NO_2]_i = [NO_2]_o$

NO_2 is Perfusion Limited (Blood is quickly "saturated")
 Uptake depends on how much blood goes by

Measuring Diffusion capacity, D_L (or Transfer capacity) with CO
 $J_{CO} = D_{CO} A \Delta P / \Delta x$
 $\Delta P = P_{ACO} - P_{RCO}$ and $P_{RCO} = 0$ and D_{CO}, A & Δx are lumped into D_L
 $D_L = J_{CO} / P_{ACO}$ (where J_{CO} is the rate of CO uptake measured)





The Bohr Equation

$$\frac{V_{D1}}{V_T} = \frac{(P_{ACO2} - P_{ECCO2})}{P_{ACO2}}$$

P_{CO2} values are measured by a CO_2 electrode. Sometimes P_{ACO2} is used.

$$\frac{V_{D2}}{V_T} = \frac{(P_{ACO2} - P_{ECCO2})}{P_{ACO2}}$$

D. Sample Calculation

$V_T = 600$ ml $P_{ACO2} = 38$ mmHg
 $P_{ECCO2} = 28$ mmHg $P_{ACO2} = 40$ mmHg
 $V_{D1} = 600(38 - 28)/38 = 158$ ml
 $V_{D2} = 600(40 - 28)/40 = 180$ ml

E. Alveolar Ventilation

$$\dot{V}_E = \dot{V}_D + \dot{V}_A = V_T \times \text{frequency}$$

$$\dot{V}_A = \dot{V}_E - \dot{V}_D$$

- For $V_T = 500$ ml, $f = 10/\text{min}$, $V_D = 150$ ml, what is \dot{V}_A ?
 $\dot{V}_A = 5000 - 1500 = 3500$ ml/min
- If \dot{V}_E is doubled by increasing V_T what is \dot{V}_A ?
 $= 10,000 - 1500 = 8500$ ml/min
- If the same \dot{V}_E is obtained by doubling frequency, what is \dot{V}_A ?
 $= 10,000 - 3000 = 7000$ ml/min

Thus increasing V_T rather than frequency is more effective for $\uparrow \dot{V}_E$.

F. Alveolar Ventilation and CO_2 production

$$\dot{V}_{CO2} = \text{Expired } CO_2 - \text{Inspired } CO_2$$

$$= \dot{V}_A \times F_{ACO2}$$

$$= \frac{\dot{V}_A \times P_{ACO2}}{P_A}$$

$$\dot{V}_A = \frac{\dot{V}_{CO2} \times k}{P_{ACO2}}$$

Where $k = 863$ mmHg or 0.863 (mmHg·L/ml)

So, for a given rate of CO_2 production, steady state P_{ACO2} is inversely related to \dot{V}_A . Thus, if \dot{V}_A is decreased by 1/2, P_{ACO2} is doubled.

XIX. RESPIRATORY EXCHANGE RATIO

$$RQ = \frac{\dot{V}_{CO2}}{\dot{V}_{O2}}$$

The relative amounts of O_2 consumed and CO_2 produced depends upon the fuel.

Carbohydrate RQ = 1
 Fat RQ = 0.7
 Protein RQ = 0.8
 A typical "normal" RQ is 0.8

The partial pressures of O_2 and CO_2 are also affected.

$$RQ = \frac{\dot{V}_{CO2}}{\dot{V}_{O2}} = \frac{P_{ACO2}}{P_{EO2} - P_{EO2}} = \frac{40}{50}$$

Study Questions/ Exercises

Q: Why does this ratio necessarily reflect the RQ?

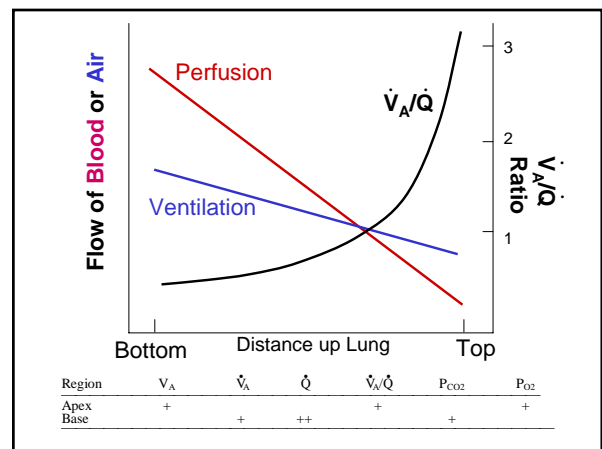
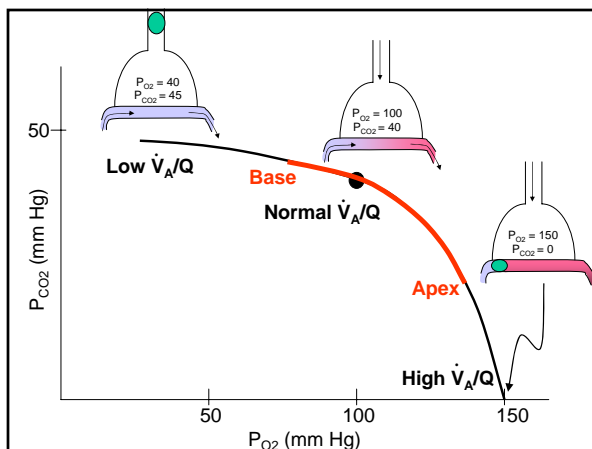
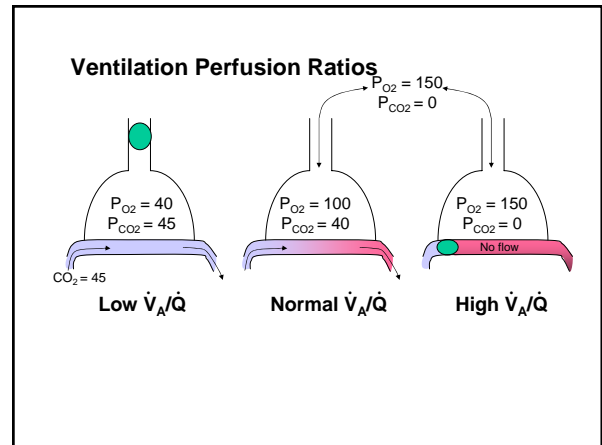
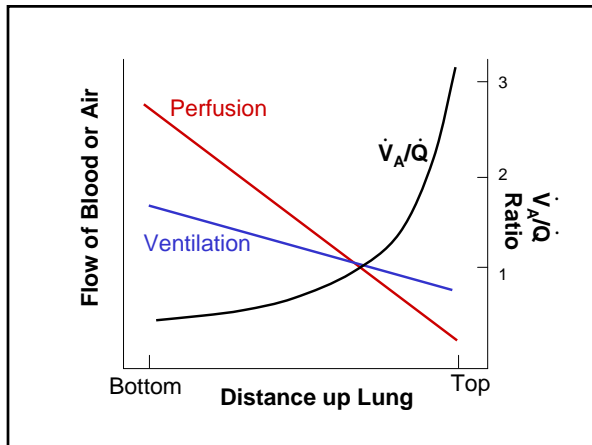
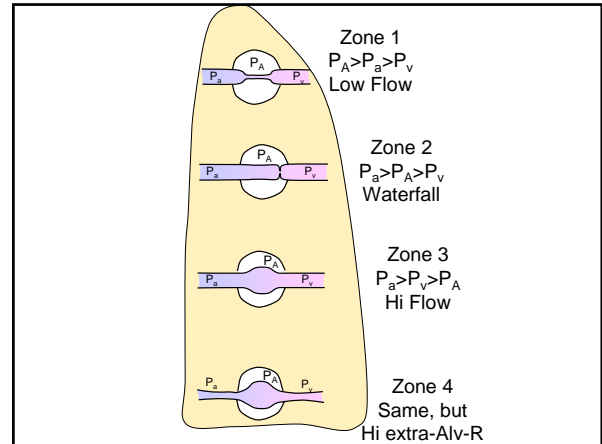
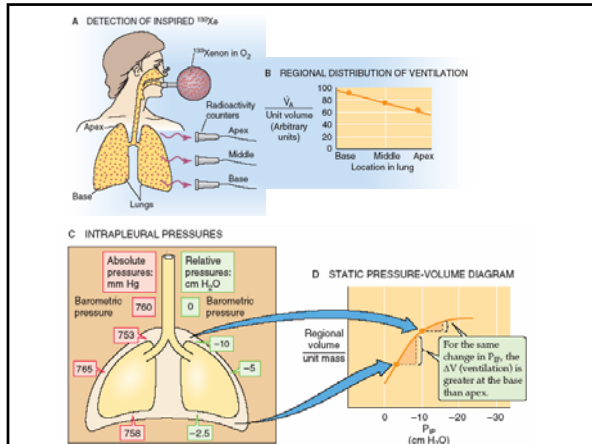
Alveolar Gas Equation – Allows you to estimate $P_{AO2} - P_{A,O2}$ gradient.

$$P_{AO2} = F_{IO2} (P_{ATM} - P_{H2O}) - P_{ACO2}/RQ + K$$

$$P_{AO2} = P_{IO2} - P_{ACO2}/RQ$$

e.g. $= 150 - 40/0.8 = 100$ mmHg

$K = P_{ACO2} \cdot F_{IO2} \cdot (1-RQ)/RQ$ a small correction (2 mmHg) usually ignored



Mechanisms of Hypoxemia

- A. Hypoventilation
- B. Diffusion Abnormalities
- C. Right to Left Shunt
- D. Ventilation/Perfusion Mismatch
- E. Low inspired P_{O_2}

Mechanisms of Hypoxemia

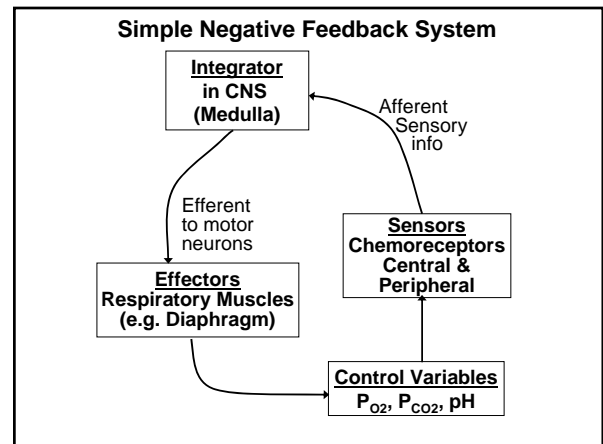
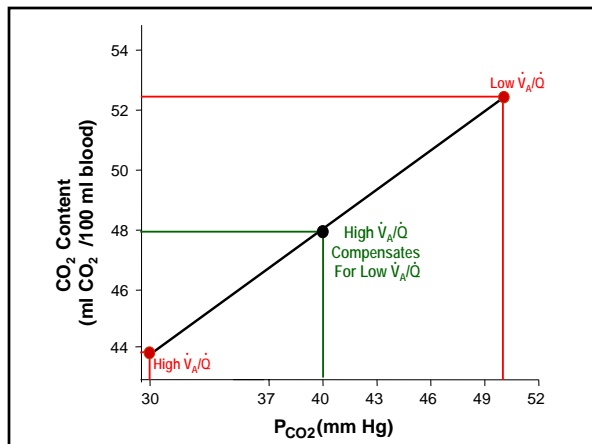
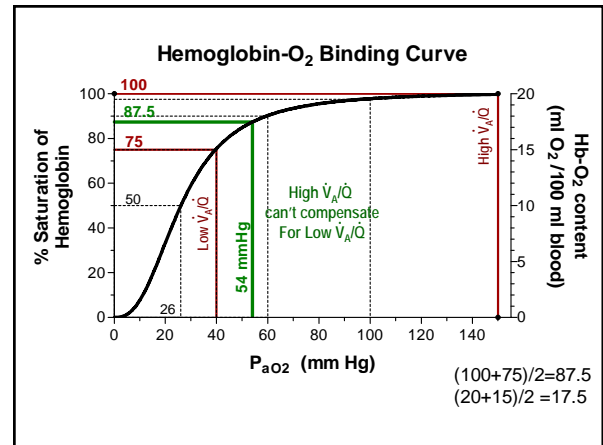
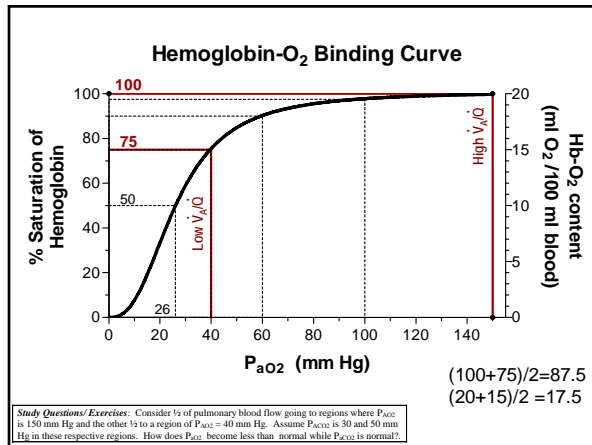
	P_{aO_2}	P_{aCO_2}	P_{O_2} (A-a)	P_{aO_2} with 100% O_2
Hypoventilation	low	High	Norm	>550
Diffusion	low	norm-low	high	>550
R-L Shunt	low	norm-low	high	<550
\dot{V}_A/\dot{Q} Imbalance	low	norm-lo-hi	high	>550

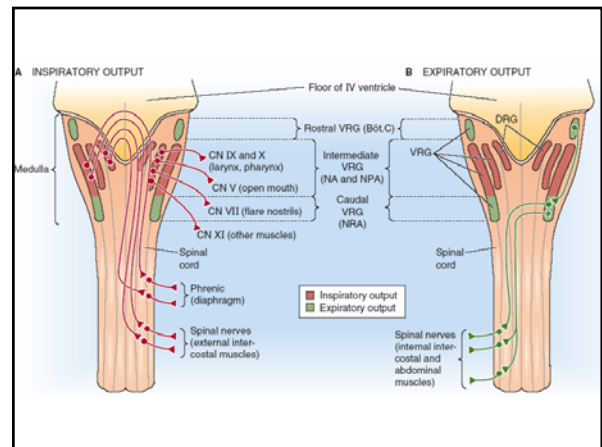
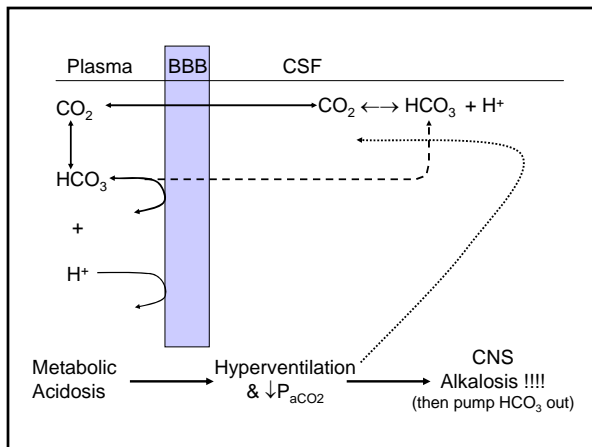
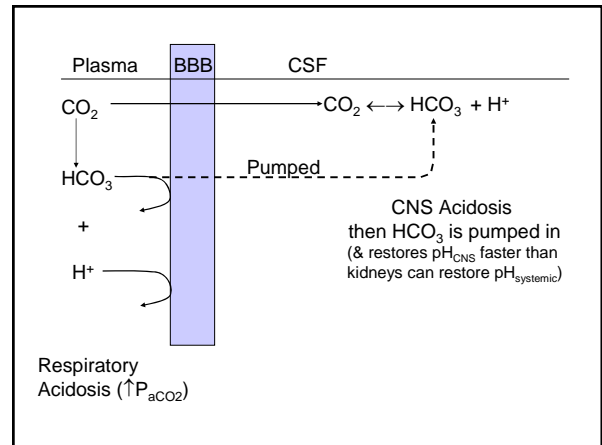
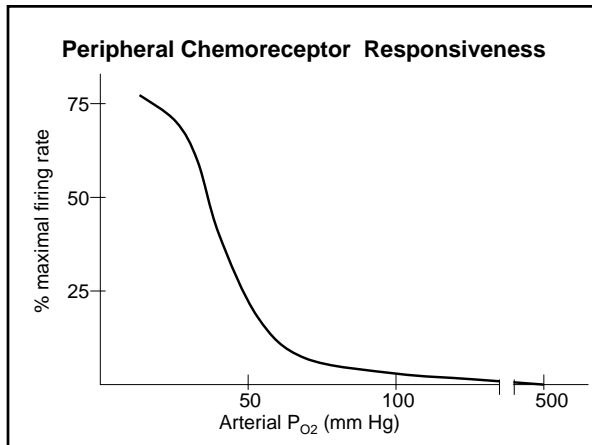
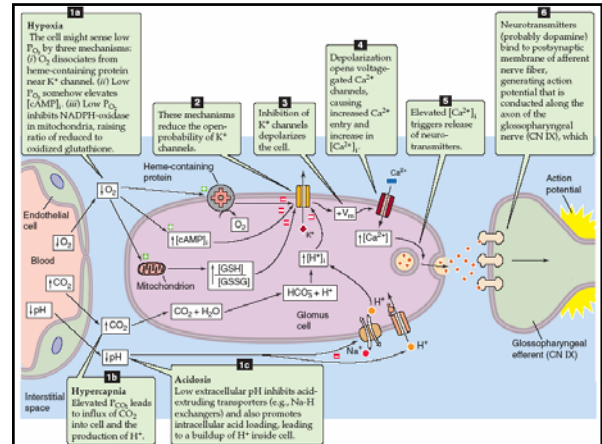
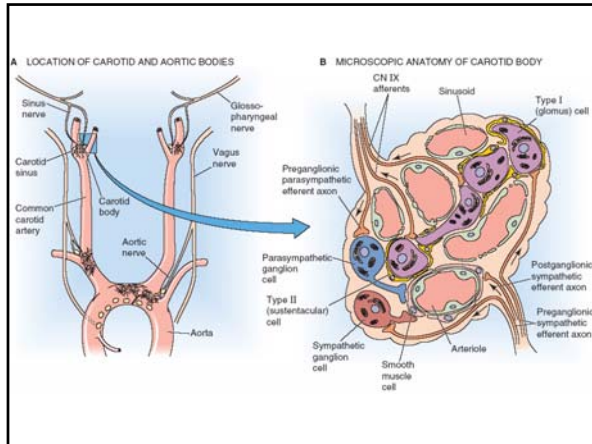
Other Hypoxemias (without low P_{aO_2})

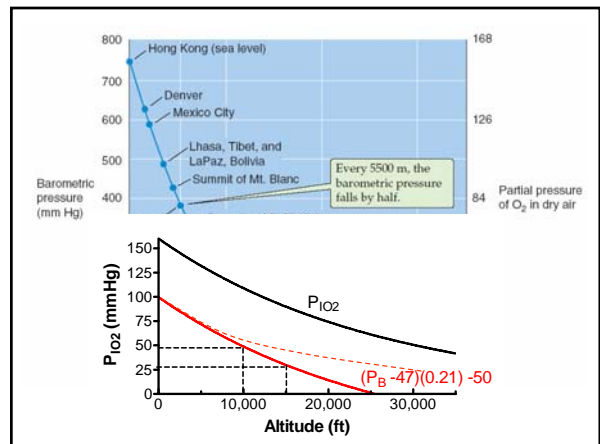
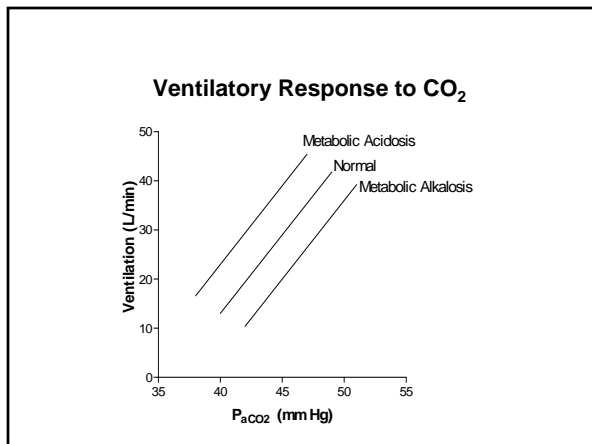
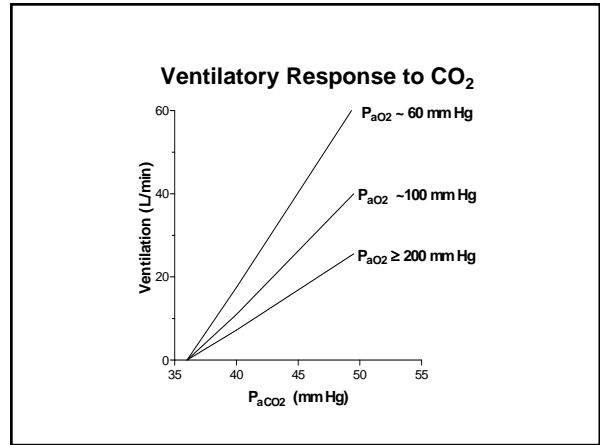
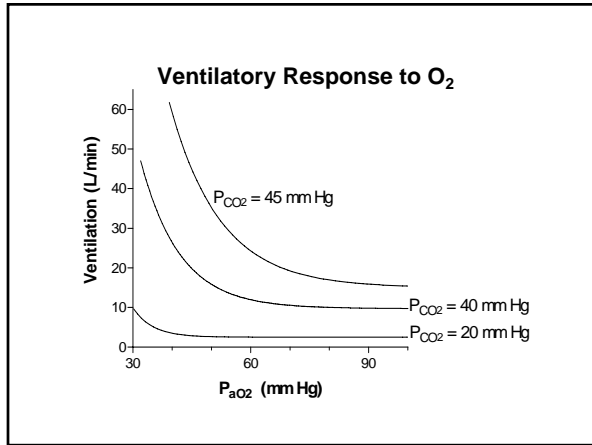
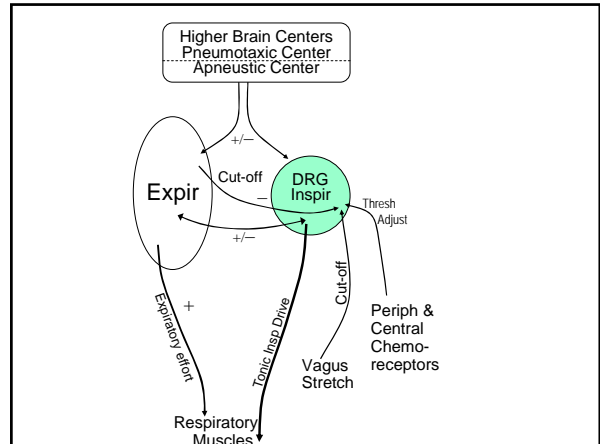
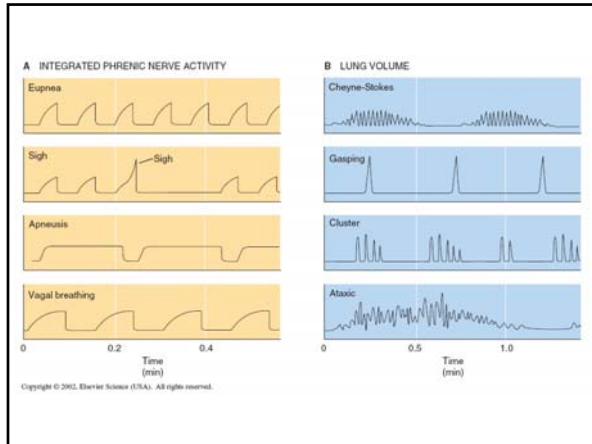
- a. Anemia
- b. Carbon Monoxide
- c. Hypoperfusion (CV problem)

Local Control

- a. Low $P_{AO_2} \rightarrow$ vasoconstriction
- b. Low $P_{VCO_2} \rightarrow$ bronchoconstriction





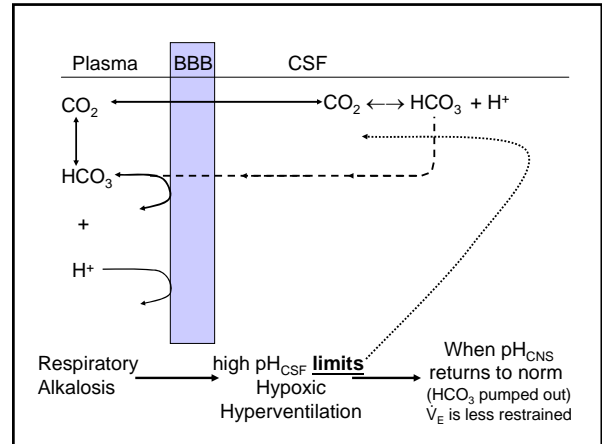


EFFECTS OF HIGH ALTITUDE

- A. At 10,000 ft $P_B=525$ mmHg inspired P_{O_2} is ~ 100 mmHg $\Rightarrow P_{A_{O_2}}$ is ~ 50 mmHg.
 At 15,000 ft $P_B=380$ mmHg inspired P_{O_2} is ~ 70 mmHg $\Rightarrow P_{A_{O_2}}$ is ~ 20 mmHg.
 At Mt Everest $P_B=250$ mmHg, inspired P_{O_2} is ~ 42 mmHg $\Rightarrow P_{A_{O_2}}$ is ~ 0 mmHg.
 At 63,000 ft $P_B=47$ mmHg, inspired P_{O_2} is ~ 0 mmHg \Rightarrow tissues boils, H_2O vapor.

B. Acclimatization and hyperventilation at 10,000 ft

Time at High Alt.	$P_{a_{O_2}}$	$P_{a_{CO_2}}$	pH blood	pH CSF
1 Hr	low	low	high	high
Hypoxic drive is restrained by low $P_{a_{CO_2}}$ and high pH.				
1-2 day.	low	low	high	Norm.
CSF chemoreceptors no longer limiting hyperventilation.				
2-4 days	low	low	Norm.	Norm.
Peripheral alkalosis no longer restraining hyperventilation.				
30 Yrs.	low	Norm.	Norm.	Norm.
Hypoxic response of chemoreceptors lost.				



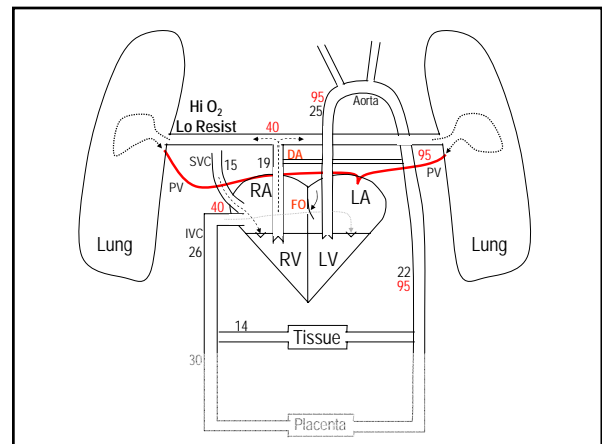
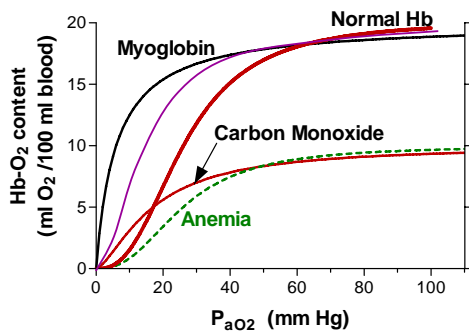
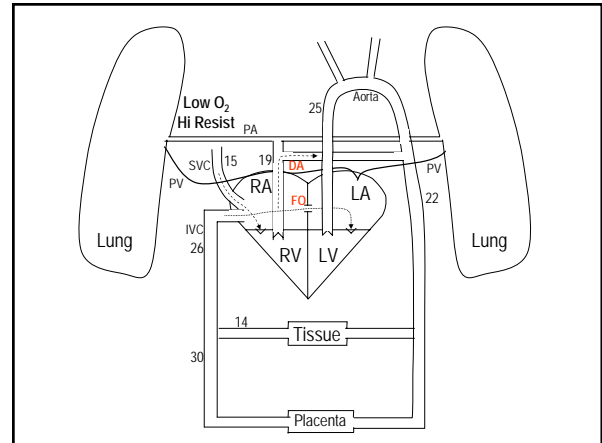
EFFECTS OF HIGH ALTITUDE

B. Acclimatization and hyperventilation at 10,000 ft

Time at High Alt.	$P_{a_{O_2}}$	$P_{a_{CO_2}}$	pH blood	pH CSF	V_E	$[HCO_3^-]$
1 Hr	low	low	high	high	↑	Normal
Hypoxic drive is restrained by low $P_{a_{CO_2}}$ and high pH.						
1-2 day.	low	low	high	Norm.	↑↑	↓ $[HCO_3^-]_{CSF}$
CSF chemoreceptors no longer limiting hyperventilation.						
2-4 days	low	low	Norm.	Norm.	↑↑↑	↓ $[HCO_3^-]_{Sys}$
Peripheral alkalosis no longer restraining hyperventilation.						
30 Yrs.	low	Norm.	Norm.	Norm.	-	-
Hypoxic response of chemoreceptors lost.						

C. Other adjustments

1. Polycythemia
2. Enhanced Diffusing Capacity
3. Increased Capillary Density
4. Right shift of HbO_2 curve



Equations

Old ones you already knew

$\Delta P = QR$	Ohm's Law
$J = DA(\Delta C/\Delta x)$	Fick's Law
$J_{CO_2} = D_{L,CO_2} P_{CO_2}$	
$PV = nRT$	Universal Gas Law (Boyle's & Charles' Laws)
$P_x = P F_x$	Dalton's Law of Partial Pressures
$C_x = F_x k_{solubility}$	Henry's Law
$P = 2T/r$	Law of Laplace
$F = -kx$	Hooke's Law
$R = 8\eta l/\pi r^4$	Tubular resistance
$N_R = \rho Dv/\eta$	Reynold's Number
$CO_2 + H_2O \leftrightarrow H_2CO_3 \leftrightarrow HCO_3^- + H^+$	
$RQ = \dot{V}_{CO_2}/\dot{V}_{O_2}$	Respiratory Quotient
$P_{TP} = P_{Airway} - P_{IP}$	Transpulmonary P (Transmural)

Derivable (simple algebra word problem)

$V_L = V_S([He]_{in} - [He]_{fn})/[He]_{fn}$	Helium Dilution
$V_L = V_S F_{N_2}/F_{N_2-air}$	Nitrogen Washout

New Ones!

$\frac{V_{D_2}}{V_T} = \frac{(P_{aCO_2} - P_{ECCO_2})}{P_{aCO_2}}$	Bohr Eqn
$\dot{V}_A = \dot{V}_{CO_2} \times k / P_{ACO_2}$	Alveolar Ventilation- P_{ACO_2}
$P_{AO_2} = P_{IO_2} - P_{aCO_2}/RQ$	Alveolar Gas Eqn