

Behavioral Medicine and Development: Overall Course Goals and Objectives

At the end of the course the student will be able to:

The overall goal of the course is to expose and explore M1's to the following four themes:

1. Theories of development, including the biopsychosocial dynamic
2. Stages and domains of normal growth and development
3. The individual's psychological, emotional, and behavioral characteristics that impact how they adapt to challenges and problems that occur during the life cycle.
4. The threat of violence and abuse in the lives of individuals and families.

MEDICAL KNOWLEDGE

1. Explain the differences between the biomedical model and biopsychosocial model of medicine.
2. Describe how a biopsychosocial perspective can inform physicians about patient behavior including but not limited to patient adherence, patient-doctor communication, and health behavior.
3. Recite the "normal" stages and processes of human development.
4. Describe "abnormal" processes of human development and behavior, including etiology, course, screening, and diagnosis.
5. List interventions and treatments approved for major behavioral health diagnosis such as substance use disorders, depression, and anxiety. Identify signs and symptoms of behavioral health issues that would require further screening.
6. Define and distinguish the terms sexuality, sexual orientation, gender, and sex.
7. Define spirituality and contrast with religion. Describe its role in the experience of disease and illness.
8. Explain how stress and illness impact human development.
9. Describe how gender impacts the experiences of disease, illness, and treatment.
10. Describe how race and culture impacts the experience of disease, illness, and treatment.
11. Describe how childhood and adult trauma impacts health and wellness, the development and course of disease, and receipt of treatment. Define and explain trauma-informed care.
12. Describe how sexuality and sexual orientation impacts disease, illness, and treatment.
13. Define the term *Health Disparities* and discuss contributing factors.

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At the end of the course the student will be able to:

14. Identifies physical, cultural, psychological, and social barriers to communication

PRACTICE-BASED LEARNING AND IMPROVEMENT

1. Critically evaluate one's performance in the course to identify strengths and personal limitations in either Behavioral Science knowledge or study methods; develop learning goals to address any deficiencies and actively seek out assistance from appropriate sources to successfully remediate these deficiencies.
2. Demonstrate an ability to use online resources to objectively identify and evaluate the primary basic scientific and clinical literature relevant to behavioral science and development.

PROFESSIONALISM

1. Demonstrate appropriate behavior and conduct self with personal integrity in all course activities and in interactions with peers and faculty.
2. Recognize and accept own limitations in knowledge and clinical skills and commit to continuously improving them.
3. Demonstrate ability to seek feedback and support when encountering challenges in course activities.
4. Demonstrate professional behavior by completing all course requirements, including course evaluations, in a timely manner
5. Demonstrate professionalism by behaving in a professional, courteous and respectful manner when engaged in course activities or interacting with course faculty and staff.
6. Demonstrate responsibility and accountability by attending and being punctual at all required course activities such as lectures and exams.
7. Demonstrate professional behavior by requesting any excused absence from required course activities well ahead of the scheduled date.
8. Demonstrate professional behavior by responding to direct communication from the Course Director in a timely fashion, particularly in circumstances when a face-to-face meeting is requested to discuss issues related to academic performance
9. Demonstrate professional and ethical behavior by honestly completing course examinations without attempting to seek an advantage by unfair means; and by reporting any unethical behavior of peers to the course administration.