

STUDENT:

FACILITATOR:

Feedback	DONE 1 pt.	NOT DONE 0 pt.	<p style="text-align: center;">Semester 3 Female Patient Head to Toe OSCE Physical Examination Grade Sheet</p>
			BE OBSERVANT OF PATIENT'S GENERAL APPEARANCE
			1. WASH HANDS
			PATIENT SEATED IN CHAIR, FEET FLAT ON FLOOR
			2. Palpate radial pulses simultaneously.
			3. Check blood pressure by palpation 1 arm.
			4. a. Check blood pressure by auscultation right arm.
			4. b. Check blood pressure by auscultation left arm.
			PATIENT SITTING ON THE EXAM TABLE, FACING THE EXAMINER
			5. Inspect & palpate fingers (nails, joints) hands (palms), wrists, elbows, and arms (muscles, joints, and skin).
			6. Test passive ROM in fingers, wrists, and elbows.
			7. Test active ROM in fingers, wrists, and elbows.
			8. Test muscle strength in hand/fingers, wrists, forearms and arms.
			9. Inspect head and neck (configuration, scalp, and skin). Student verbalizes findings to patient.
			10. Inspect eyelids, conjunctivae and sclerae. Student verbalizes findings.
			11. Test visual acuity in both eyes individually (CN II) with pocket screener.
			12. Test visual fields (CN II).
			13. Check extra-ocular muscles by examining for 6 cardinal positions of gaze (CN III, IV, VI).
			14. Check for accommodation (convergence & pupil constriction)
			15. Test pupillary reaction to light (direct and consensual – CN II, III).
			16. Perform funduscopic examinations (right and left).
			17. Test light touch of face (CN V).
			18. Ask patient to wrinkle forehead or raise both eyebrows and then to smile and show teeth (CN VII).
			19. Test hearing (CN VIII).
			20. Inspect mouth with light source (teeth, gums, tongue, mucosa, ducts, tonsillar fossa, pharynx).
			21. Ask patient to say “aah” and cough (CN X),

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			22. Ask patient to protrude his/her tongue and observe if midline (CN XII).
			23. Ask patient to shrug shoulders against resistance (checking trapezius muscles) and laterally rotate his/her head against resistance (checking sternocleidomastoid muscles) CN XI.
			24. Inspect external ears (right and left). Student verbalizes findings.
			25. Perform otoscopic examinations (right and left ears).
			26. Inspect nose and nasal cavities with otoscope (mucosa, septum, turbinates).
			27. Inspect, palpate, and test shoulder ROM including internal and external rotation.
			28. Check full ROM of neck including flexion, extension, lateral rotation, and head tilt.
			MOVE TO POSITION BEHIND PATIENT
			29. Palpate the salivary glands and the head and neck lymph nodes.
			30. Palpate trachea for position and mobility in the sternal notch.
			31. While patient swallows a sip of water, palpate for the thyroid gland.
			32. Inspect the chest wall and skin. During patient's deep breathing, observe chest posteriorly for symmetry and check for respiratory excursion.
			33. a. Percuss spine
			33. b. Percuss costovertebral angle.
			34. Percuss the lung fields. Always begin at the apices and alternate bilaterally comparing right and left sides.
			35. Check for tactile fremitus of lung fields. Always begin at the apices and alternate bilaterally comparing right and left sides.
			36. Auscultate the lung. Always begin at the apices and alternate bilaterally comparing right and left sides. Ask patient to breathe through open mouth. Listen anteriorly also.
			MOVE TO FRONT OF PATIENT
			Inspect breasts and nipples while patient's:
			37. a. arms are relaxed at sides
			37. b. arms are above head
			37. c. hands are pressed against hips
			37. d. hands are pressed against hips and patient is leaning forward
			38. Palpate axillary nodes (against chest, anterior and posterior) bilaterally
			ASK PATIENT TO LIE FLAT
			39. Standing at patient's side, student tells patient to raise ipsilateral arm then palpates that breast using vertical stripe method. One side only for the OSCE.

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			RAISE PATIENT TO 30°
			40. Identify and inspect internal and external jugular neck veins. Estimate Central Venous Pressure (CVP) by measuring for the maximum height of the internal jugular vein from the sternal angle.
			LAY PATIENT FLAT – STAND ON PATIENT’S RIGHT SIDE
			41. Palpate carotid arteries (one at a time).
			42. Auscultate carotid arteries.
			43. Palpate suprasternal notch for abnormal pulsations or thrills. Verbalize finding.
			44. Inspect precordium for parasternal and apical impulses. Inspect anterior chest wall and skin. Verbalize finding.
			45. Palpate precordium for lifts, heaves, thrills and pulsations. Identify and measure the size of the PMI. Verbalize findings.
			46. Auscultate heart in five locations, using both bell and diaphragm.
			47. Inspect abdomen and abdominal skin. Student verbalizes findings to patient.
			48. Auscultate abdomen in four quadrants.
			49. Palpate abdomen superficially in all four quadrants.
			50. Palpate abdomen deeply in all four quadrants.
			51. Palpate for liver edge.
			52. Palpate for spleen tip.
			53. Percuss liver span in right MCL.
			54. Palpate for kidneys.
			55. With patient in right lateral decubitus position, palpate for spleen.
			STAND BESIDE PATIENT’S LEG, ADJUST DRAPING SHEET
			56. Palpate superficial inguinal nodes, horizontal and vertical.
			57. Palpate femoral pulses.
			58. Auscultate femoral arteries.
			59. Inspect, palpate, and test passive ROM in lower extremities - muscles, joints, and skin including feet, ankles, knees and hips.
			60. Inspect, palpate, and test active ROM in lower extremities - muscles, joints, and skin including feet, ankles, knees and hips.
			61. Test muscle strength in lower extremities including feet, ankles, knees and hips.
			62. Check for edema in lower extremities.

One side
only for
exam

