



STRITCH
SCHOOL of MEDICINE

PATIENT CENTERED MEDICINE - 1

Student Mentor Program

General Description

You will be paired with a Third-year medical student, who will mentor you for your first year in medical school. For the third-year student, mentoring you is a requirement for PCM 3, and a great opportunity for them to teach. They will help you with immediate relevance to what you are learning in the first year. In addition, you will have the ability to practice and refine the skills you are learning in PCM 1 such as medical interviewing and physical exam with your third-year student mentor.

You will meet with your student mentor once in semester one and twice in semester two and share in her/his experience of seeing patients while rotating through the 7 required clerkships of the third year: Family Medicine, General Surgery, Internal Medicine, Neurology, Obstetrics and Gynecology, Pediatrics, and Psychiatry. Some activities may include:

1. See patients in the office or hospital with the third-year mentor.
2. Hospital rounds with the third-year mentor's team.
3. Observe daily patient care activities such as documentation, computer order entry, etc.
4. Observe community involvement of third-year medical students.
5. Observe office/hospital procedures and the medical student role.
6. Observe the integration of the third-year medical student into the medical team.

Objectives and Outcomes

1. To provide students an opportunity to interact with their future colleagues on a professional basis.
2. To foster inter-medical school class communication and role-modeling.
3. To observe how learning in the preclinical years is applicable to the clinical years.
4. To provide clinical reinforcement to the pre-clerkship curriculum.
5. To observe the decision-making process in clinical medicine.
6. To improve observation skills; the ability to assess the environment, select critical cues, attend to what is seen and transfer to subsequent interactions.
7. To begin to understand the complexities of the medical profession.
8. To begin to foster the development of time management skills to balance the profession of medicine with one's personal life.
9. To observe the importance of good communication skills with establishing a good doctor-patient relationship.

10. To link the common goals learning, teaching, and feedback between PCM 1 and PCM 3.

Recommendations

- Student and Student–Mentors should determine the appropriate length of time each session last. We propose a suggested amount of time no shorter than one hour and no longer than three hours (range 1-3 hours)
- A recommended timeline for completion of visits can be summarized as:
 - Complete 1 Physician Preceptor visit by the Thanksgiving holiday
 - Complete 1 Physician Preceptor visit by Spring Break, early March
 - Complete the final Physician visit by mid - April

Requirements

- A) Attend Mentor “Meet and Greet Lunch” in Atrium in September. Both sign “[Agreement Form](#)” and Return to Diane Stancik, Coordinator, in room 310 by date listed on form.
- B) You are required to meet with your student mentor once in semester one and twice in semester two. You are responsible for initiating contact with your assigned mentor. The student mentors will be notified in advance of their assigned medical student and will be expecting your call/page/e-mail, etc.
- C) Log your Visits in “[myLUMEN, myLog](#)”, in the student portal system.
- D) Incorporate your experience into a “reflection” on this experience as part of the “PCM-1 Final Reflection Paper”. Instructions are on the PCM-1 webpage.

If at any time, you are having difficulty meeting with your student mentor, contact the PCM 1 Medical Education coordinator, Ms. Diane Stancik at 708-216-8219.

STUDENT MENTOR PAIRS, TBA