

PCM Mentor Program General Description

You will be paired with a third-year medical student, who will mentor you for your first year in medical school. For the third-year student, mentoring is a requirement for the Patient Centered Medicine 3 course and a great opportunity for them to hone and develop teaching skills. With your mentor, you will develop goals for your personal and professional development during the first year of medical school. In addition, you will have the opportunity to practice and refine the skills you are learning in Patient Centered Medicine 1 through joining your M3 mentor during patient care. Throughout the year, you will revisit your goals and reflect on your progress with the assistance of your M3.

You will meet with your M3 mentor in the clinical setting once in semester one and twice in semester two to share in their experience of seeing patients while rotating through the 7 required clerkships of the third year: Family Medicine, General Surgery, Internal Medicine, Neurology, Obstetrics and Gynecology, Pediatrics, and Psychiatry. Time with your M3 will include:

1. Seeing patients in the office or hospital with your M3
2. Hospital rounds with your M3 and patient team
3. Review and revise SMART goals with your M3
4. Participate in a bed-side learning experience led by your M3
5. Teach a component of the patient history and or physical examination component to your M3
6. Receive feedback from your M3 around your SMART goal progress and provide feedback to your M3 on their teaching and mentoring at the end of each semester

Objectives and Outcomes

1. Develop structured goal-setting skills towards personal and professional growth.
2. In a clinical setting, teach a component of the history and physical within a supplied framework.
3. Identify areas for personal health and wellness growth and create a plan to address them.
4. Identify members of the healthcare team providing care for patients seen in the PCM mentor program.
5. Identify areas for leadership growth and development opportunities.

Recommendations

- Student and Student–Mentors should determine the appropriate length of time each session will last. We propose a suggested amount of time no shorter than one hour and no longer than three hours (range 1-3 hours)
- A recommended timeline for completion of visits can be summarized as:
Complete 1 Mentor visit by the Thanksgiving holiday
Complete 1 Mentor visit by Spring Break, early March

Complete the final Mentor visit by mid - April

Requirements

A) Attend Mentor “Meet and Greet Lunch” in Atrium to set SMART Goals surrounding your development during first year with your M3. Both sign “Agreement Form” and Return to Diane Stancik, Coordinator, in room 300 by September 21, 2018.

B) Turn in your SMART Goals to Diane Stancik, Coordinator, in room 300 by September 21, 2018.

C) You are required to meet with your student mentor once in semester one and twice in semester two. You are responsible for initiating contact with your assigned mentor to schedule when to meet. The student mentors will be notified in advance of their assigned medical student and will be expecting your call/page/e-mail, etc.

D) Log your Visits in “myLUMEN, myLog”, in the student portal system.

E) Incorporate your experience into a “reflection” on this experience as part of the “PCM-1 Final Reflection Paper”. Instructions are on the PCM-1 webpage.

If at any time, you are having difficulty meeting with your student mentor, contact the PCM 1 Medical Education coordinator, Ms. Diane Stancik at 708-216-8219.

STUDENT MENTOR PAIRS, TBA