

OB GYN CLERKSHIP OSCE STEP-BY-STEP GUIDE FOR STUDENTS

Welcome to your OB GYN Virtual OSCE. This exercise has been designed to allow you to demonstrate your ability to:

1. Elicit a focused history from a standardized patient presenting for their annual ob gyn visit
2. Perform any physical exam steps indicated by the history
3. Perform the steps of a unilateral breast exam including visual inspection, axillary lymph nodes, and manual palpation
4. Assist positioning the patient for a pelvic exam
5. Perform the steps of the pelvic exam
6. Use proper draping techniques throughout the encounter
7. Use patient education skills (including simple language, checking for understanding, and involving the patient) to counsel on contraception, osteoporosis, herpes, UTI, vaginitis, **OR** ectopic pregnancy
8. Document a complete history and physical exam write up; include an assessment and plan

What to expect the day of your OSCE

1. **15** minute orientation outlining the logistics of the OSCE and answering any questions you may have
2. **2-3** minutes to review the patient chart and write down an outline of what you'd like to ask your patient on a notepad that is provided to you; assume the vitals on the chart are correct (they do not need to be repeated)
3. **40** minute encounter with SP.
 - Focused history assuming you have never seen this patient before and your clinic has never seen this patient before
 - Focused physical exam (any steps that are indicated by the history)
 - Unilateral breast exam (the SP is grading you on the steps of the breast exam as well as your technique)
 - Assist in positioning the patient for a pelvic exam
 - The SP will remove themselves from the exam table and place the pelvic model on the exam table. You will complete the pelvic exam on the model, while communicating with the patient the steps of the pelvic exam. The SP will provide you with a findings card if there are abnormal findings on the pelvic exam. If you do not receive a card you can assume that it is a normal pelvic exam (the SP is grading you on your communication, not on technique)
 - Answer any questions the SP may have regarding one of the topics you were told to review (contraception, ectopic pregnancy, herpes, UTI, vaginosis, osteoporosis)
4. There will be an overhead announcement when there are **10** minutes remaining in the encounter and a second overhead announcement once the 40 minutes is up
5. Receive **8-10** minutes of feedback from the SP related to your communication and interpersonal skills. The SP will also remediate you on any steps of the breast exam that were not done correctly.
6. **30** minutes to complete a free text patient note documenting the history and physical exam including an assessment and plan on a laptop in the hallway of the Clinical Skills Center

7. Complete a Center for Simulation Education survey related to your SP and your overall experience

OTHER REMINDERS

- Be sure to wear your white coat for this encounter and bring a pen
- Bring your stethoscope; all other equipment that may be needed will be available in your Selfridge Clinical Skills Center room
- All physical exam maneuvers must be done on skin, not over the gown, in order to get full credit
- SPs are a valuable assessment tool used to evaluate your clinical skills in a standardized fashion. While we make every attempt to ensure the encounters are as realistic as possible, there are some limitations. The physical profile of the SP may not always align with the case. For example, the SP may say they are 40 years old but they may look to be 20 or 60 years old. They may say that they had a certain surgery but you see no evidence (scar) of that surgery upon physical exam. Thus, it is important that you suspend your disbelief and always go with the history that the SP provides. The more that you can “buy in” to this encounter and treat it as if it is real, the better you will do.
- If you are running late or unable to attend your scheduled OSCE for some reason, be sure to call 464-220-9166 the day of the OSCE to make our staff aware