



WELCOME TO YOUR PSYCHIATRY CLERKSHIP!

STRITCH SCHOOL OF MEDICINE

CLERKSHIP ORIENTATION OBJECTIVES

- Contact info
- Psychiatry as a specialty
 - Practice settings & scope
 - Training & fellowship
- Clerkship structure
- Calendar & Weekly Guide
- Didactics
- Learning Materials in LUMEN / Sakai
- Quizzes
- SPPAM: Students Presenting Psychiatric Aspects of Medicine
- Grading & evaluation
- Site assignments
- Today's Didactics
- Mental Status Exam
- Risk Assessment
- Staying Safe & How to Function in Psychiatry

CONTACT INFORMATION

Carolyn Doyle, MD

Clerkship Director

Loyola University Medical Center

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[\(cdoyle11@luc.edu\)](mailto:cdoyle11@luc.edu)

My office:

Behavioral Health Outpatient Clinic

- Located along the hallway from the Center for Fitness to the LOC.
(*There are signs – Just look up*)
- If interested in psychiatry, please let me know!

Marla Shu, DO

Associate Clerkship Director

Hines VA Medical Center

marla.shu@va.gov

Margaret Stefani Higgins

Medical Education Coordinator

PHONE: 464-220-9179

mhiggin@luc.edu

STUDENT HEALTH

Wellness Center:

<https://www.luc.edu/wellness/>

Tiffany Libby, APRN

708-216-2255 (office)

708-216-2458

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Chair, Department of Psychiatry

Katherine Johnson, MD

ORIENTATION

PSYCHIATRY AS A SPECIALTY

Specialty Scope

Practice Settings

Training Overview: Residency & Fellowship

CONDITIONS

Psychotic disorders

Bipolar spectrum

Depression

Trauma

Anxiety & panic

OCD spectrum

ADHD

Behavioral problems
(TBI, developmental
disorders, dementia)

Substance use

Eating disorders

Adjustment, Grief

Etc...

TREATMENTS

Medications

Psychotherapy

Neuromodulation

*-ECT, TMS, esketamine,
stellate ganglion block*

POPULATIONS

Children

Adolescents

Adults

Geriatric

WHAT IS PSYCHIATRY?

Psychiatry is the medical specialty focused on the diagnosis, treatment, and prevention of mental, emotional, and behavioral disorders

It integrates **biological, psychological, and social factors** to understand and manage mental health conditions.

PRACTICE SETTINGS

Hospital-Based

- Inpatient
 - General
 - Geriatric / dementia
 - Neuropsychiatric
 - Child & Adolescent
 - Postpartum
 - Eating disorders
- Consult-liaison service
- State hospital work

Programs & Residential

- Partial hospitalization (PHP)
- Intensive outpatient (IOP)
- Eating disorder treatment
- Substance rehabilitation
- Group homes, nursing homes, assisted-living
- Assertive Community Treatment (ACT Team)
- Crisis stabilization

Outpatient

- Group vs. private practice
- Insurance vs cash-pay
- Meds only vs. Meds + therapy vs. Therapy
- Pt population variety (age, socioeconomics)
- TMS, esketamine (Spravato), ECT
- Forensic work

RESIDENCY & FELLOWSHIP

Residency

- 4 years
- Inpatient, general medicine (IM, neuro, ED), outpatient, specializations
- Adult, child/ado, geri, substance use, C/L, forensic, psychotherapy
- American Board of Psychiatry & Neurology

Fellowship

- 1 – 2 years
- Most are accredited, some are not
- CAP = only one that allows "fast tracking"

<https://www.aadprt.org/trainees/psychiatry-subspecialty-fellowship-training>

Combined Programs

- "Triple Board"
 - Psych + Peds + CAP
- Psych + Fam Med
- Psych + IM
- Psych + Neurology

<https://abpn.org/access-residency-info/combined-programs-and-alternative-pathways/>

Psychiatry Fellowships	Length	Other
Child & Adolescent (CAP)	2 years	Can "fast track" = start in PGY4
Geriatric Psychiatry	2 years	*Loyola has a geri fellowship
Consult-Liaison	1 year	Hospital-based psychiatry consults
Addiction Psychiatry	1 year	
Forensic Psychiatry	1 year	Interface w/ the law + corrections
Women's Mental Health / Reproductive	1 year	Perinatal, postpartum, peri/menopause, PMDD
Neuropsychiatry / Behavioral Neurology	1 year	Interface w/ neurological disorders
Neuromodulation / Interventional	1 year	TMS, ECT, deep brain stimulation
Community / Public Psychiatry	1-2 years	Working in health systems, SMI
Psychoanalytic Psychotherapy	2 years	Austen Riggs Center in MA
Sleep Medicine		
Global Psychiatry / Mental Health		
Transgender Psychiatry		Mt. Sinai
Hispanic Psychiatry		Yale
College Mental Health	1 year	UCLA

ORIENTATION

THE CLERKSHIP

Goals & Resources

Current Structure

What to Study, Didactics, Educational Materials

Quizzes & OSCEs

Psychiatry Clerkship Goals

REFER TO "GOALS AND OBJECTIVES" IN LUMEN FOR ADDITIONAL DETAILS

MEDICAL KNOWLEDGE

Psychiatric Illnesses

Management & Treatment

Economic, psychological, social and cultural factors that impact patient health

Psychiatric clinical assessments: Risk assessments (suicide & violence)

Mental Status Exam

PATIENT CARE

Psychiatric history taking (+substance use, social)

Diagnostic evaluation & risk assessment, need for hospitalization

Differential diagnosis

Evaluation patient's progress throughout treatment

Assess ability to obtain informed consent

Use MSE to evaluate a patient

Provide psychoeducation

INTERPERSONAL & COMMUNICATION SKILLS

Prepare and present findings

Use the medical record & document

Communicate effectively with other health care professionals

Organize a presentation on psychiatric issues

OTHER GOALS IN: PRACTICE-BASED LEARNING & IMPROVEMENT, PROFESSIONALISM, SYSTEMS-BASED PRACTICE, COLLABORATION, PERSONAL & PROFESSIONAL DEVELOPMENT

RESOURCES

DSM: Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision

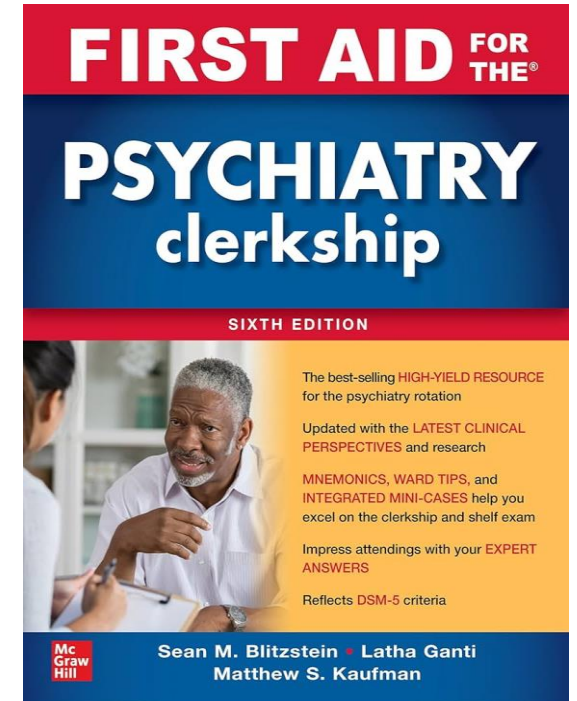
First Aid for the Psychiatry Clerkship

Up To Date

- Diagnoses, evaluation, treatment, etc.
- Loyola Clinical Resources / Library

ADMSEP --> Resources --> CSI eModules

- Also, info on NRMP match



SMART GOALS ASSIGNMENT

Please follow directions in Sakai to complete your SMART goals

What are SMART Goals?

- SMART is an acronym that stands for **Specific, Measurable, Achievable, Relevant** and **Time-based**
- By developing SMART Goals in every clerkship, and reviewing them with faculty and residents, you will cultivate a critical skill for the rest of your careers.

EVALUATIONS

Mid-Clerkship Evaluations (3rd week)

- Due by the end of your 3rd week

Final Evaluations (6th week)

- QR code given to supervisor

OR

- Assign supervisor your evaluation to be sent electronically

SITE ASSIGNMENTS

- 1 site, 6 weeks
 - Sites vary in setting & patient population
 - If you would like exposure to another setting, please let me know
 - Neuromodulation (TMS, DBS, ECT)
 - Outpatient clinic
 - Neuropsychological evaluation (kids/ados)
 - Hospital setting
1. Hines VA – Inpatient
 2. Hines VA – Substance Use Rehab
 3. Hines VA – Intake / ED / ARC (=IOP)
 4. Hines VA – Geriatric (on hiatus)
 5. Hines VA – Consult-Liaison
 6. Loyola – Consult-Liaison
 7. Loyola Outpatient (pilot in September)
 8. Madden Mental Health Center
 9. MacNeal Inpatient

Overview of What You Will be Graded on

Educational Exercise	Points	Weight
Clinical Performance Evaluation	100	27.78%
Clerkship NBME Shelf Exam	100	27.78%
OSCE #3: Video Interview Write-Up	40	11.11%
OSCE #2: Standardized Patient Exercise	40	11.11%
SPPAM Presentation	25	6.94%
OSCE #1: Risk Assessment Exercise	15	4.17%
OSCE #1: Mental Status Exam Exercise	15	4.17%
Shelf Prep Quiz 1	6	1.67%
Shelf Prep Quiz 2	6	1.67%
IRAT Quiz: Depression	1.5	0.42%
IRAT Quiz: Risk Assessment	1.5	0.42%
IRAT Quiz: Mental Status Exam	1.5	0.42%
IRAT Quiz: Substance 1	1.5	0.42%
IRAT Quiz: Anxiety	1.5	0.42%
IRAT Quiz: Capacity	1.5	0.42%
Shelf Prep Quiz 3	4	1.11%
TOTAL	360	

2 KEY DOCUMENTS

Calendar

Clerkship Weekly Guide

SEPT6 – PSYCHIATRY CLERKSHIP ROTATION						
						Didactic Topics
Orientation (Monday) Dr. Carolyn Doyle <u>Site orientations</u> HINES Walk to Hines, meet Dr. Shu in building 228, Room 1088 LOYOLA C/L Walk to 6th floor call room, page the PGY2 C/L residents. On AMS Connect: "LUMC Psychiatry Consult" MADDEN Park in the lot off Roosevelt Rd. Go in <u>thru</u> the entrance closest to Roosevelt Rd. MACNEAL Call Dr. Syed Khan to <u>know</u> what time and where to report on your first day. Dr. Khan: 347-432-4848 CPRS Training (Tuesday)	SEPT 15 9:00 – 3:00 PM Orientation -Includes lunch 12-1 PM -Site orientation 2-3 PM Room: 467 22 <					

Psychiatry Clerkship Weekly Guide

Week 1

- Mental Status Exam
- Risk Assessment
- Psychiatric Interviewing
- Depression: MDD, antepartum depression
- **FRIDAY - Quizzes**

Quiz on Friday?	Existing Material	E-Modules & Other
No	SPPAM <i>LUMEN: Clerkship Educational Activities</i> Handouts ☐ SPPAM Overview ☐ SPAAM Potential Topics ☐ Faculty Evaluation form (know how it's graded)	

Calendar

SEPT6 – PSYCHIATRY CLERKSHIP ROTATION

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	22	23	24	25	26	<u>Substance 1 + Quiz</u> Dr. Hugh Seller, 1-2 PM <u>Substance 2 (NO QUIZ)</u> Dr. Ladan Khazaj , 2-3 PM
	29 Remind Site to do your Mid-Evaluation <u>SPPAM – Group 1</u> 3:00 – 4:30 PM, Zoom	30 <u>SPPAM – Group 2</u> 3:00 – 4:30 PM, Zoom <u>SPPAM – Group 3</u> 4:00 – 5:30 PM, Zoom	OCT 1 PCM3	2 <u>Standardized Pt Exercise</u> 12:25 – 2:50 PM (Grp 1) 1:20 – 3:40 PM (Grp 2) 2:10 – 4:30 PM (Grp 3) SSOM 3 rd Floor	3 Mid-Evaluation is DUE 1:00 – 4:00 PM <u>Didactics</u> Room: 345	<u>Anxiety + Quiz</u> Dr. Marla Shu, 1-3 PM <u>SP Recap:</u> 3-4 PM
	6	7	8	9	10	Mood Disorder Cases

Clerkship Weekly Guide

Psychiatry Clerkship Weekly Guide

Week 1

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- Psychiatric Interviewing
- Depression: MDD, antepartum depression
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GROUPS: SP EXERCISE + SPPAM

Current groups

Times (12:25, 1:20, 2:10) =

- When your group starts the OSCE SP Exercise on Thurs

Mon/Tues/Wed =

- SPPAM sign-up on Friday to decide what week you will be presenting:
- Week 3
- Week 4
- Week 5
- Week 6

GROUP 1	GROUP 2	GROUP3
12:25 PM	1:20 PM	2:10 PM
Mondays 3:00 – 4:30 PM	Tuesdays 3:00 – 4:30 PM	Tuesdays 4:00 – 5:30 PM
Anna Akkara	Mathew Thariath	Julien Stroumza
Jacob Farley	Cole Ortiz	Christine Huang
Leah Quinn	Matthew Dimond	Zachary Ehling
Melissa Hernandez	Shivani Maisuria	Elsa Razzak
Chelsea Barrows	Tazio Capozzola	Stephanie Nguyen
Luke Ritter	Paisley Steadman	Benjamin Varieur
Rachel Bigelow	Kyleigh Follis	Willa Riekhof
Morgan Hawes	Levy Nathan	

What to Focus On

STUDYING

- Diagnostic criteria (DSM)
- Treatments & Psychopharmacology
 - First-line medications
 - Side effects
 - Big interactions

AT YOUR CLERKSHIP

- Psychiatric interviewing
- Assessment, differential diagnosis, treatment
- Mental status examination
- Risk assessment
- Presenting patients

DIDACTICS

- Friday afternoons
- In person
- Check calendar for times & rooms
- If there is a quiz, you are expected to study the recommended material first. Session will start with the quiz
- May involve faculty presentations, case discussion, etc.



CLERKSHIP EDUCATIONAL ACTIVITIES

Topics, Lectures, Modules, Materials

- Follow the Clerkship Weekly Guide to know what is available and suggested to study

Quizzes

- Content (6): Friday PM. Prepare ahead
- Shelf Prep (3): Topics specified in guide

OSCE x3

- Mental Status & Risk Assessment Exercises
- Standardized Patient Exercise
- Video Interview Write-Up

SPPAM Presentation

- Topic of your choice

Direct Observation (not graded but REQUIRED)

- PGY4 resident, site attending, or any resident

EDUCATIONAL RESOURCES (LUMEN)

Psychiatry Interview Template

ADMSEP Clinical Simulation E-Modules

- Self-paced learning, many with videos, organized well
- Key psychiatric disorders

"Independent Self-Study"

Anki Decks

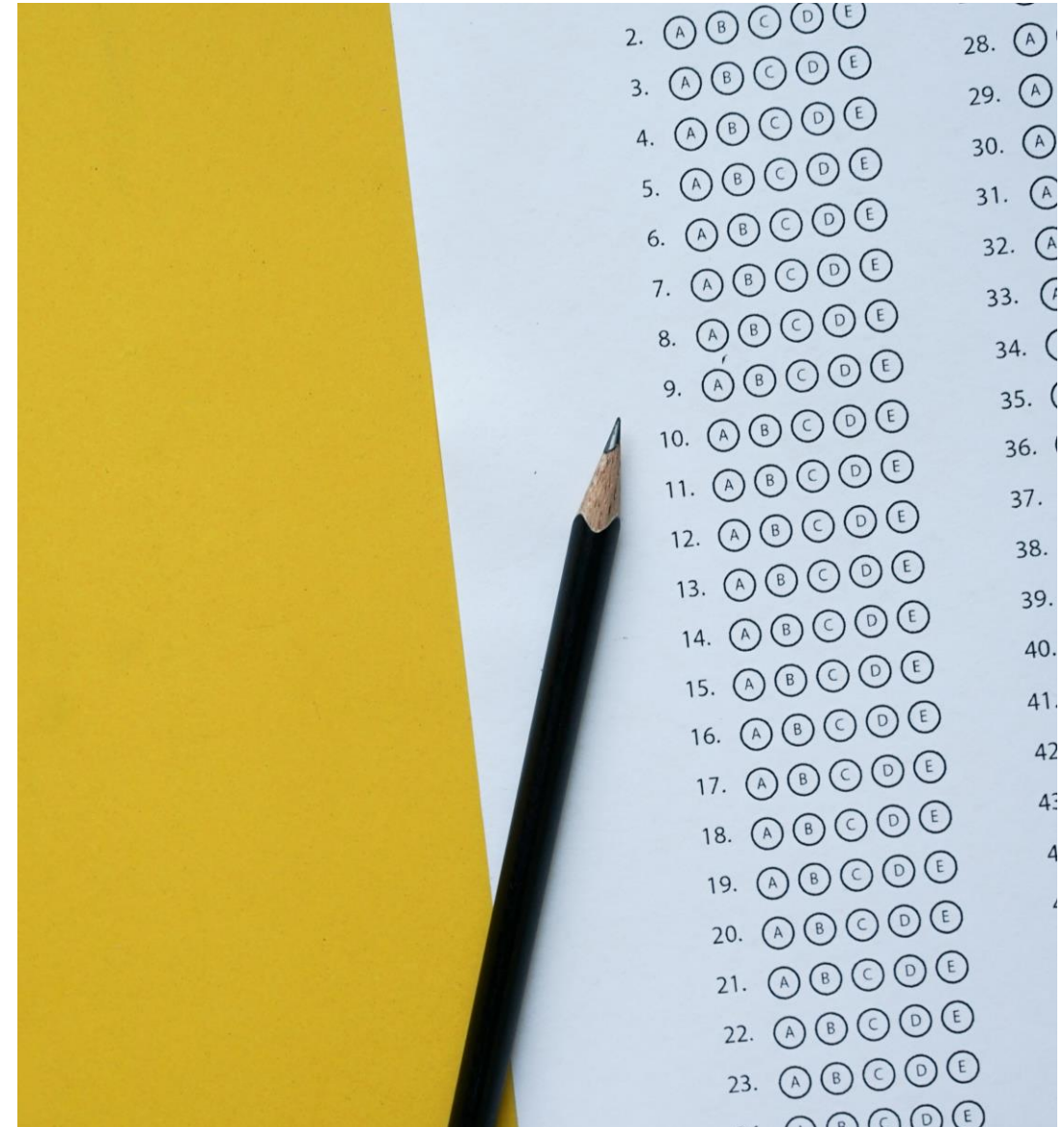
Jeopardy

On Fridays, we will look to the week ahead and clarify what will be expected

Quizzes - Overview

UNDER "CLERKSHIP EDUCATIONAL ACTIVITIES"

- Content Quizzes x6
 - IRAT = Individual Readiness Assurance Test
- Shelf Prep Quizzes x3
- Let's look at the document



OSCE x3

UNDER "CLERKSHIP EDUCATIONAL ACTIVITIES"

- Risk Assessment & MSE Exercises
 - Standardized Patient (SP) Exercise
 - Video Interview Write-Up
-
- Let's look at the documents



SPPAM Presentation

UNDER "CLERKSHIP EDUCATIONAL ACTIVITIES"

- Students Presenting on Psychiatric Aspects of Medicine
- Topic of your choosing
- Let's look at the documents



Direct Observation

OF A PATIENT INTERVIEW W/ MENTAL STATUS EXAM

- MSE = physical exam
- Options to complete:
 - PGY4 on select Tues PM & Fri AM – can't see all
 - Site supervisor
 - Another resident on site
- To document:
 - Select the faculty who observed you
 - The faculty or resident will receive an automated notice
 - If the faculty/resident agrees, nothing more needs to be done
 - Contact coordinator with any issues
- **MUST** be completed and entered in the system by the last day of the clerkship

Onsite PGY4:	
Week 2	Tuesday PM = 2S
Week 3	Tuesday PM = ARC / ED
Week 4	Tuesday PM = Hines C/L
Week 5	Tuesday PM = 2N

Onsite PGY4	
Week 2	Friday AM = Loyola C/L
Week 3	Friday AM = Intake / ED
Week 4	Friday AM = MacNeal
Week 5	Friday AM = None (OSCE)

Madden	At site
Loyola Outpatient	At site
Everyone else	At site

Grading

UNDER "ASSESSMENT AND GRADING"

- Let's look at the document

